



The Gallimaufry

October 2019

25 Cents

THE SEASON OF THE WITCH by BARBARA ELLISON



A HALPERN PERFORMING ARTS EVENT
Sponsored by the George Halpern Fund

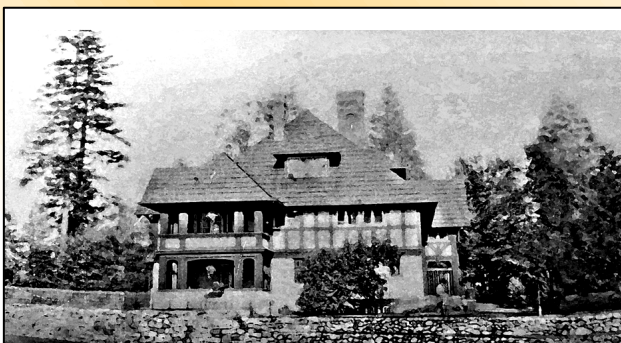
Thursday Oct. 31st
1:45-3:15 in the Conservatory



\$8 Members
\$10 Guests

Stir the Pot Players present *The Season of the Witch* by Barbara Ellison, featuring Joan Bryans, Xander Williams, and Barbara Ellison. Come with us into the past and watch how the witch hunting mania of the 17th century affected one small family in England.

The 2020 Brock House Calendar



BROCK HOUSE Society 2020 Calendar

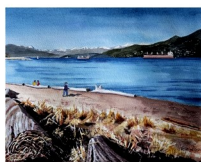
It's gorgeous! Get yours now...

1 full size calendar - \$15.00

or

2 full size calendars for \$25.00 and
get a small calendar
as a free bonus

BROCK HOUSE Society 2020 Calendar



JANUARY



FEBRUARY



MARCH



APRIL



MAY



JUNE



JULY



AUGUST



SEPTEMBER



OCTOBER



NOVEMBER



DECEMBER

3875 Point Grey Road, Vancouver, BC V6R 1B3 | (604) 228-1461 | www.brockhousesociety.com



Where Seniors Stay *Young*

Brock House Society - 3875 Point Grey Rd, Vancouver BC V6R 1B3 - BrockHouseSociety.com

BrockHouseGallimaufry@gmail.com



The Esther Birney Literary Arts Series

Thursday, 10:00 - 11:45
The Halpern Room

A fine Brock House Society no-charge program

October 3

"Southeast Asian Writing in English"

Professor Phillip Holden, a noted scholar of Singapore and Southeast Asian literature in English, is recently retired from the National University of Singapore. He will give a brief overview of this largely neglected aspect of Anglophone literature and then focus on prose fiction, poetry and drama from three countries: Malaysia, the Philippines and Singapore. He'll examine several themes including decolonization, postcolonial politics, gender, and sexuality.

October 10 - "In the Courtroom"

Judge Nancy Morrison, the author of
Benched: A Passion for Law Reform.

"In *Benched* my Osgoode Hall classmate traces her story as a prairie girl, a feminist, a lawyer and a judge. The book provides insightful observations about cases and causes in which Nancy was involved, or led the way. A fascinating read."

— **Hon. Patrick LeSage**, Former Chief Justice of the Ontario Superior Court of Justice

October 17 - "One Writer's Life"

Beryl Young

Ms Young is the author of *A Boy from Acadie: Roméo LeBlanc's Journey to Rideau Hall* and of several critically acclaimed books for children, including *Wishing Star Summer*; *Charlie: A Home Child's Life in Canada*; *Would Someone Please Answer the Parrot!*; *Follow the Elephant*; and most recently *Miles to Go* which is a powerful and poignant story of two young girls' friendship, family, loss, and loyalty, set in 1940s Saskatchewan.

October 23 - No Lecture

**October 31 - "Nationalism Through the
Life and Work of Dylan Thomas"**

David Webb is the past president of The Dylan Thomas Circle of Vancouver. His presentation is a low-key investigation of nationalism through the work and the life of Dylan Thomas, especially in the light of the ancient Welsh language tradition of the nation organically and universally, as it were, manifesting 'A Bard'. In this case, the forces that create this artistic/cultural/mythological phenomenon seem to have played an eye-opening joke on us: They have manifested a bard that although influenced by and steeped through both osmosis and through exposure to Welsh culture, nevertheless, wrote in English.

BROCK HOUSE Society *Membership*

As noted in last month's issue of *The Gallimaufry*, 2020 membership fees will increase from \$60.00 to \$75.00. For those receiving the Guaranteed Income Supplement, 2020 fees will be \$37.50. If you qualify, please contact Yolanda or me in the office.

Also, please tell your friends who aren't yet members that if they sign up on or after October 15, they'll receive the balance of 2019 and all of 2020 for only \$75.00.

-Joanne Enns, Administrator



Brock House/Kerrisdale Choir

The Brock House Choir has welcomed 8 new members as our fall/winter season begins. We are at work again beginning to try out our new songs for our January concert. Each year our conductor Elsie Stephens somehow comes up with a fresh new theme for our songs. This year as you may know Elsie is temporarily off with knee surgery but she did pick the songs for our concert before she had the surgery.

There is no better way to tell you what the theme of our January concert is than to tell you in Elsie's own words (in an email request for information):

"The song 'Accentuate the Positive' really reflects my thought for the concert. I came across it in my files and right away I wanted to do an upbeat event with a positive theme. I think the state of the world today made my choice much easier. The news is always so full of doom and gloom and I wanted to create a 'world' of smiles and good thoughts. I believe most of the songs have something uplifting and positive to offer."

We all feel the joy and positivity each time we sing! What a good time we will all have practicing!

-Judy Ashton

Chicago Bridge and Luncheon

The Chicago Bridge Lunch has been a popular event in the Brock House bridge world for many years and this year's fall event is on

Friday, November 29

Begg Room, 10:00 a.m. to 3:30 p.m. (Please be there by 9:45)

The day will include:

One of Kaz' wonderful lunches, prizes and spending an enjoyable day with other Brock House bridge players.

All for only \$20.00

Sign up now online or through the office.

You must sign up with a partner and everyone must be a Brock House member. We will take sign-ups until we have the maximum of 10 tables.

Please be sure you can complete 4 hands in 30 minutes or less and at least one in your partnership knows how to score. Thanks for your consideration.

Looking forward to seeing 40 keen players!

-Wendy Hanington, Convenor

River Eagle Cruise

NEW ADDED TOUR!

Wednesday, Nov. 13

\$149 Members & Guests

Leave Brock House at 8:15 a.m. Return 6:00 p.m.



***Due to popularity of this tour, we have added another.
We will need minimum 15 registrants to run this!***

Travel to Harrison Mills for a 3 hour river eagle expedition on the Fraser and Harrison Rivers with Shoreline Cruises. The area's 600 local nesting pairs are regularly joined by about 15,000 migratory bald eagles. The tiny Fraser Valley community of Harrison Mills hosts thousands of visiting bald eagles and is the world's largest gathering of nature's foremost dead-salmon connoisseurs. Tour includes on-board lunch, Campbell's Gold Honey Farm and all fees & taxes. Register online or through the office.



Location,
Location,
Location.

Fridays
2:00 - 3:00 p.m.
Begg Room
No charge

The modern real estate mantra "location, location, location" names an idea that has long dictated where we choose to settle: as individuals, as communities, and as nations. These lectures will explore the important role our surroundings have on the way we interact with and understand the world around us.

All speakers are Langara faculty.

October 4 - Niall Christie

*Istanbul, not Constantinople:
Why Did Constantinople Get the Works?*

October 11 - Erin Robb

*Rooms for Rent:
Unpacking the Houses of Edgar Allan Poe*

October 18 - Paisley Mann

*From a 'city in crisis' to the City of Light:
Urban Transformation in
Nineteenth-Century Paris*

October 25 - Craig Keating

*The Frontier:
On the Edge of Utopia and Dystopia*

November 1 - Stefan Haag

*Utopia in the Big Apple:
Is it Possible? (Two Novels Set in NYC)*

Seniors' Services Series, Part 2

Wednesdays, 1:30 - 3:30, Halpern Room
**A fine Brock House Society no-charge program
for members**

October 2

Louise Lydon

**Prevention & Intervention
with Hip & Knee Problems**

October 9

Susan Johnston

Sleep & Stress Management

October 16

**Dr. Carolyn Sparrey and
Dr. Killian Kleffner, SFU**

Emerging Point of Care Health Technology

October 23

Louise Lydon

Stay Safe & Fraud Prevention

October 30

Angus McIntyre

**Riding the Bus with Angus:
Forty Years**

**See website and Fall Program brochure
for details**

Manning Park Foliage Tour

Tuesday, Oct. 8

\$99 Members & Guests

Leave Brock House 7:45 a.m. Return 6:00 p.m.

PACKAGE INCLUDES:

- Manning Park
- Lunch Pinewood Restaurant
- Lightning Lake Escorted Walk
- Hope Slide
- Forest Bath Escorted Walk
- All fees and taxes
- Relief driver

Meet the Brockites

**By
Lisa Smith**

Have you ever wondered how much you have in common with your fellow members at Brock House? Each month in the Gallimaufry we will be randomly choosing a "Brockite" for a brief question and answer session touching on a variety of topics. It promises to be fun and interesting! Introducing this month's Brockite:

Don Forsyth



A fun moment at the recent volunteer appreciation event:
Don won the lovely floral arrangement at his table.

Thanks to Sue Girling for the photo!

Where were you born? **Yorkton, Saskatchewan**

When (approximately) did you join Brock House? **2008**

What do you enjoy participating in at Brock House?
Weekly duplicate bridge, travel talks, & social events.

What is/was your profession? **Retired Engineer.
I worked in Africa and the Canadian Arctic.**

What are your hobbies/interests? **Reading, hiking, & travel.**

What is your favourite food? Drink? **Roast chicken; red wine.**

What is your favourite colour? **Blue**

What is your favourite movie? TV show? **Casablanca; Endeavour.**

What is your favourite place on earth? **Jericho Beach**

What is your favourite way to relax? **Reading**

What kind of weather do you prefer? **Sunny, warm and breezy.**

Any pet peeves? **Dog owners who don't pick up after their pets.**

Discounting family, if you could meet an individual from the past, who would it be and why? **Captain Vancouver - I'd ask him why he never put the First Nations villages on his maps.**

Have you ever had a paranormal experience, (ghosts/UFO sighting, ESP, etc.) you wouldn't mind sharing? **No**

If you could choose three words to describe yourself, what would they be? **Aged and learned but not yet wise.**

Any advice for the youth of today?

Get involved in the campaign to combat climate change!

Yarn and Needle Crafts

The Yarn and Needle Crafts group is always in need of donations of whole balls of unused yarn to make projects to sell at the Brock House Fairs. Batches of several balls of the same yarn are especially useful in order to make larger projects. Please bring donations of yarn to the Meyer Room on Mondays between 9:30 and 11:30 or leave at the office for us. Thank you.

We are also very happy to see Brock House members who might be interested in joining our group. If you like to do any craft involving fabric or yarns, we encourage you to drop by the **Meyer Room any Monday between 9:30 and 11:30** to chat.

*-Dorothy Simons and
Carol Jackson, Convenors*

Driving Miss Peggy

**By
Tony Swain**

Many years ago. . .

Toddler Tony's dad had a thing for sporty little cars. He couldn't actually 'afford' them, but had a nice side-line going selling friend's old cars when they wanted something new. Of course to do this, he had to have these sporty little cars 'in hand' so to speak, so he could show them off around.

To do this right it was understood he would need to travel pretty well all over Yorkshire to find a proper gentleman buyer and so Sam, Peggy, and family got to see a lot of beautiful countryside.

Anyway, this one day, whilst visiting wife Peggy's parents at 'The Grange', Sam said to 4-year-old son Tony, "Come on lad! Jump in and let's go for a drive." And the lad eagerly jumped in, and off they went. The car of the month was a sprightly Morgan 3 Wheeler Sportsman Special, with a roaring Matchless Vee-Twin engine up front for all to see.

It was exciting. No longer on his Mam's lap, clamped in her scaredy-cat arms, he sat by his Dad, bouncing up and down, and peering intently through the little racing screen. On and on they roared, up through Great Driffield, and Malton to Helmsley on the edge of the wild, bleak and mysterious Yorkshire moors. . . .But it was a beautiful day.

"Let's go and see Rievaulx Abbey!" said Sam, "It's just up the valley." Toddler Tony bounced up and down gleefully in his seat. "OOOH Yes Dad! Please!" and off they roared. The road ran over the moor that overlooked the Rye Valley. It was a lovely drive. The young lad hung his head out in the wind and laughed and laughed. . . . Soon, they came upon a couple of sightseers charabancs, parked just beyond the rough gravel cart track down to the abbey. Small groups of tourists were already walking down the narrow track.

. . . The sign said . . . 'UNFIT FOR MOTORCARS'.

"Pshaw!" said Sam, "This isn't a motorcar. This is a 3 wheeler motorcycle! That dun't apply to us". . . And off they went, down the beautifully exciting narrow twisting lane, tooting cheerfully at the nature-loving hikers, who waved back in awe at the handsome young squire in his sporty little red 'car'.

Sam was enjoying the drive. He skillfully avoided the worst ruts left by farmer's cart wheels, until, the winding road twisted suddenly right, cambered the wrong way! The three sturdy wheels scabbled frantically at the loose gravel, skittered sideways . . . and 'KER-BLAM!' whomped into the verge. The game little car flipped on its side, and then slid about fifty feet down the steep embankment, through the soft tall grass, to plunk un-gracefully toddler side down, tossing its two passengers into a huge clump of stinging nettles.

"OW! OW! OOH! OW!" they yelled. Wild Yorkshire stinging nettles are fierce! Sam grabbed little Tony and dragged him over to a bed of Dock leaves, which are the universal Brit antidote for nettle rash. Simply rub the leaves on the rash. Easy. So they rubbed and rubbed and rubbed. They both ended up looking rather green, but it basically worked . . . Well, took the sting out of it, but left the itch.

By then a hearty group of Abbey sightseeing walkers arrived, laughing at the unfortunate duo's frantic 'Dock-rubbing' antics, and even helped rub little Tony.

. . . They then cheerfully helped 'Squire' Sam right the little Morgan, and check it over. Amazingly, because of the soft tall grass, there was no apparent damage, which was a blessing, as it probably wasn't 'Squire's' car.

Then, after a lot of back-slapping and "Cheerios" Sam started the car, drove downhill to the Abbey, stayed for a lemonade, looked serious and said,

"Now you Tawny! . . . Don't you go telling you-er Mam about us goin' in them nettles . . . cos she'll worry. All-right?" . . . And Toddler Tony said "Yes Dad." So then they took a quick look around, and carefully drove the sixty-odd miles back to Peggy at 'The Grange'. . . . And little Tony never said a word.



Courtesy Tony's Hand-Made Photos

Remembrance Day TRIBUTE

**Friday, November 8
@ 1:45 - 3:15p.m.**

In the Conservatory, light refreshments in the Halpern Room after the program.

Cost: \$8.00

Members & Guests

Brock House Society members who are veterans may attend at no charge.

Tickets available in the office or online at
www.brockhousesociety.com

Please register so we have an accurate count of those who are attending.

Music provided by
The Brock House Big Band

Elizabeth Herejk will present a very personal glimpse again by sharing vignettes and quotes from the preserved correspondence written during WW2 between her father, a doctor in Burma, and her paternal grandparents in a small mining village in NE England.

Lest we forget.

**BROCK
HOUSE
Society**

**Dr. Florian Gassner
presents**

Our Strange Relationship with Fiction

6 Fridays

**November 8 - December 30
10:00 - noon, Halpern Room
\$80.00**

Register online or through the office

Our relationship with fiction is strange. We know that fictions are made up; nevertheless, we often apply higher moral standards to books and films than to our immediate social environment. In this course, we will explore the history of the notion "fiction" in Western society, from classical antiquity to contemporary positions of evolutionary psychology.

Traditional media will play an important role in our discussion: novels, plays, films, etc. However, we will also examine the larger question of how much of our social reality can be understood as "fiction".



Florian Gassner is a senior instructor of German and Central, Eastern and Northern European Studies at UBC.

One of the projects in which he's involved is the

Die Kasseler Liste

which is an online searchable database of books that have been, or currently are, banned or censored somewhere in the world.

Workshop News

I am always amazed at the way the traffic flows through large construction zones by a carefully arranged series of sequential actions and outcomes. It reminds me of the tale about a king losing the battle because the rider's horse lost a shoe and the tale of the little old person that could not get home because her pig would not climb over a stile.

A few months ago we were told that we could expand the Brock House workshop into the adjacent Bay 2 in order to reduce crowding, improve safety and provide a better service for Brock House members. Similar to the sequencing for highway construction this simple change required many other adjustments. The restaurant that occupied Bay 2 needed to take over part of Bay 4. In order to provide space in Bay 4, the access to the attic in Bay 4 needed to be changed and a partition needed to be installed to separate Brock House storage from restaurant storage. To change the access to the attic and permit access to the north side of Bay 4 after the partition was constructed, a stair case needed to be constructed in the space used to store croquette equipment. In order to free up the space to build the staircase a storage cabinet needed to be built outside the shop for the croquette club. By the time all of these modifications were completed we also realized that Bay 2 needed to be updated in order to safely use it as a workspace. The floor needed to be strengthened and leveled by pouring a new concrete surface. Then the walls needed to be strengthened and a safety door installed before work benches and electricity could be installed. These renovations were the reason for removing the wall in Bay 2 in September.

These essential renovations created a muddle of wood outside the workshop. The work also cluttered the workshop and tied up volunteers so it was difficult to find spaces or available volunteers to take on the normal range of custom requests and to craft items for the Fall Fair pending at the end of November. Hopefully all of these adjustments will be completed by early October so we can restore order and get back to crafting the backlogged requests for canes, tables, benches, picture frames, urns, and bowls.

If you have a bit of experience with woodworking tools and want to take the orientation for working in the shop, please contact the Workshop Convenor at the Brock House workshop on Thursday morning or e-mail wramey@mail.ubc.ca with "Brock House Projects" in the subject line. You can also contact the convenor if you have other questions about the workshop or just want to ask us about your own special project needs, repairs, woodcrafts or a general tour of the shop.

-Bill Ramey, Convenor





If you love baking
please consider donating your goodies to sell at our

Christmas Fair Bake Sale, Saturday, November 23

Types of goods requested:
Slices and bars, cookies, biscuits, tarts,
pies, cakes, loaves, and small jars of preserves

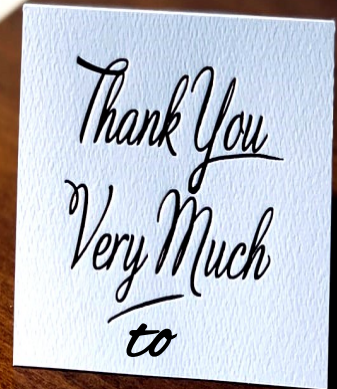
Drop off place:
President's office on the third floor,
the day before the Fair, Friday, November 22



**Friday, October 11
12:30 to 3:30 p.m. in the Meyer Room.**

Elections Canada will be at Brock House so you can confirm and/or provide any updates to your voting information. They will also be able to provide you with information about the following:

- your riding
- your Elections Canada office
- your candidates (updated daily)
- when and where to vote
- what to take with you when you go to vote
- advanced polling



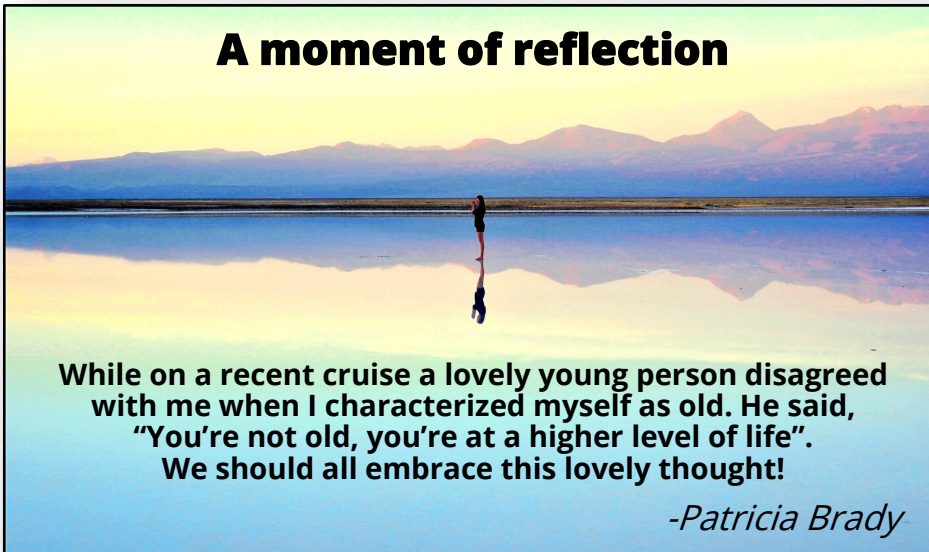
**Margaret Hunter
Lindsay Salt
Mary Sondergaard
and
Sue Tate-Smith**

**For years of volunteering in
Food Services.**

We will miss you.

-Polly Spurr, Convenor

A moment of reflection



While on a recent cruise a lovely young person disagreed with me when I characterized myself as old. He said, "You're not old, you're at a higher level of life". We should all embrace this lovely thought!

-Patricia Brady

If you'd like to receive
The Gallimaufry by email each month
please write to:

brockhouse@telus.net

You can also view it on our website:
brockhousesociety.com by using
the "Newsletters" link on the lower
right of the homepage.

**-BevAnn Lister Dean,
Editor**

NYGÅRD

Sample Sale

**Saturday, November 9
11:00 a.m. - 3:00 p.m.
In the Conservatory**

**20% of all proceeds go to
Brock House Society**

Featuring the

**ALIA
N
TANJAY**

BORDEAUX COLLECTION

and

**Fall & Holiday 2019 fashions up to 60% off
retail prices.**

**A selection of handbags, scarves & outer-
wear available at wholesale prices.**

Tea Time



The women of the jewelry committee have met and decided that October 2 will be our first day of sorting jewels for the Christmas fair.... We haven't received any new donations as yet and thought we would cast a spell

I mean cast a net for new items. The jewelry committee really can't do this without your donations....we're in the James Whittaker Room from 1:00 p.m. to 3:00 p.m. every Wednesday, please feel free to stop by and say hello!

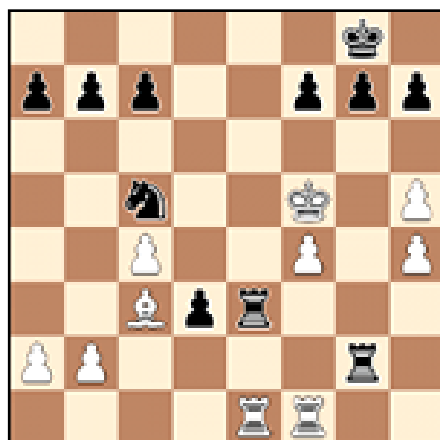
-Patricia Peters, Convenor

Brock House Chess Players

We are beginning to make preparations for our annual friendly chess match with the Bonsor Seniors' Chess Club in Burnaby.

New members are always welcome to come and play or watch and learn or share their experience. The Brock House chess players meet every **Tuesday and Thursday at 1:00 p.m. to 3:00 p.m. in the Meyer Room.**

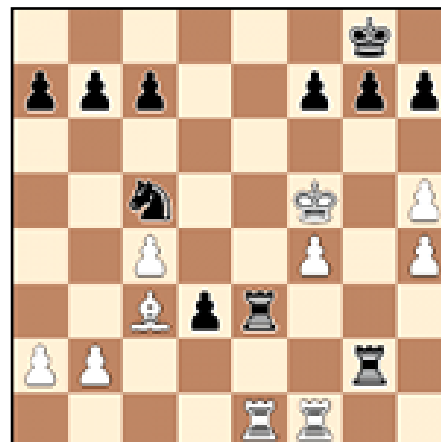
-Alejandro Ramirez, Convenor



Black moves and wins in 3



White moves and wins in 3



The chess puzzle solutions will be discussed during the chess sessions on Tuesday and Thursday.

Equal and Opposite

by Parker O'Brian

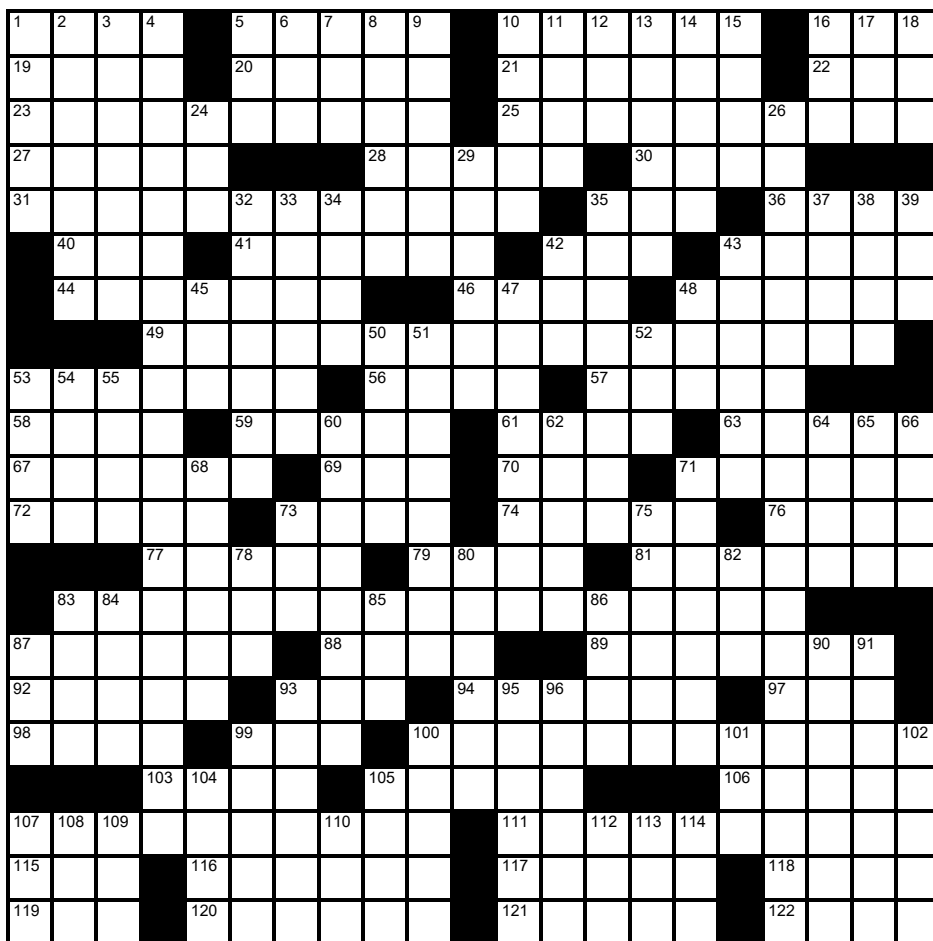
Across

1. Russian jets
5. Prickly plants
10. Venues for Olympic games
16. Web address
19. What an eaglet loses upon reaching adulthood
20. Colorado ski resort
21. Saudi neighbour
22. Last letter in America
23. Much maligned rodent?
25. Restrained prima donna?
27. Wing
28. Born _____, Bruce Springsteen autobiography
30. Genealogist's work
31. BlackKKlansman director twirls large ring?
35. Kit ____
36. Low-lying area
40. Airline to Stockholm
41. Apartment handymen, familiarly
42. Animation frame
43. Actor Williamson of "Excalibur"
44. "____ Nice", flip side of Elvis' "Jailhouse Rock"
46. Let ____
48. Movie director's command
49. Dreary pariah espies a sandwich?
53. Margaret Atwood novel
56. Flat topped hill
57. Pricey
58. Dentist's request
59. Canadian figure skater Brian
61. "Darn!"
63. Puccini opera
67. French Impressionist
69. The Platters' "____ Mine"
70. Comics shriek
71. Thingamajig
72. Praise
73. Ball field covering
74. Canadians who fly in formation
76. Member of CS&N
77. Ending with proto-
79. Gershwin and Levin

81. Without being invited
83. Public transport pick-up spots disgust Shakespeare?
87. Mecca pilgrim
88. Newspaper page
89. Mideast resident
92. "Do the Right Thing" actor Davis
93. Feathery accessory
94. MMCXXI divided by III
97. Lady's man
98. Griffin who created "Jeopardy!"
99. Musical notes
100. Fictional bear clips conger?
103. Bring in
105. Measure of distance
106. Electrical pioneer Nikola
107. Zealous repudiator?
111. Bring an old sailor to his destination?
115. Novak of "Vertigo"
116. Venues of Olympic Games
117. First name in terrorism
118. Honky-____
119. Increase, with "up"
120. Harangue
121. Himalayan land
122. Lays down the lawn

Down

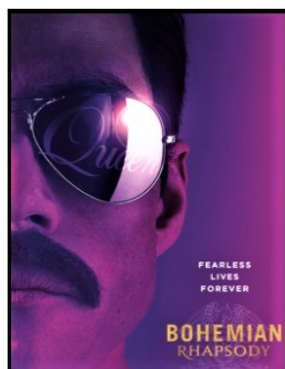
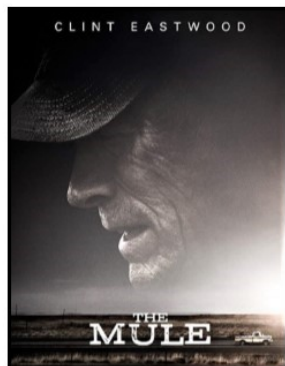
1. Aesop's ending
2. Most senseless
3. Close in on
4. Anxious spies survived?
5. Cleveland hoopster, for short
6. "____" was saying ...
7. Rank below Sgt.
8. Grow canines
9. Like some pools
10. Pancake topper
11. New driver, often
12. Athos, to Porthos
13. Part of DDS
14. Like some gases
15. White House worker
16. Weapon used by 89 Across
17. Race, as an engine
18. Grazing locale
24. Abbreviation on some food containers
26. Lucifer samples from the sweet table?
29. Bar in TV's MASH
32. Clash single, "Should _____ Should ..."
33. Musical selection
34. Letters following go and di
35. Memento
37. U.S. Legal rights org.
38. Leopold's partner in crime
39. "A Nightmare on _____ Street"
42. Stephen Colbert's network
43. _____ the grind
45. Don't just seem



47. More import than export, say
48. Way to go: Abbr.
50. Arab leader
51. React to the heat, in a way
52. Giant slugger Mel
53. Reactor part
54. Summit
55. It may be pitched
60. Hair products
62. She plays Madeline in "Big Little Lies"
64. Badlands Natl. Park locale
65. Detective's assignment
66. You may have this if you're having trouble focusing on this puzzle, abbr.
68. "Maybe"
71. Ancient Roman coins
73. General on Chinese menus
75. Replaces, as in a game
78. You can bank on it
80. Measles symptom
82. Altar constellation
83. Big name in speakers
84. "Back in the _____"
85. Vacation spot
86. Tyler and Ullman
87. May honouree
90. "Winter _____ long in country towns;" from My Antonia by Willa Cather
91. Cork's home
93. Hulk alterego, Bruce _____
95. _____ bleu
96. Saying it results in a smile
99. Famille member
100. Inherently
101. Rank below 7 Down
102. Songbirds
104. Not much
105. Gist
107. Rap sheet abbr.
108. Get-up-and-go
109. Sitter's handful
110. Once-lifetime connector
112. Race unit
113. The Monkees' "____ Believer"
114. Batman portrayer between Michael and George

Puzzle answers on p. 13

BROCK HOUSE *Society*



Friday Flicks

Start time: 1:00 p.m.

\$2.00 - Exact change please.

October 4

The Mule

USA - 2018 - 116 Minutes

Facing foreclosure of his business, a horticulturalist in his 80s becomes a drug carrier for a Mexican cartel, and attracts the attention of a drug enforcement agent.

October 11

Bohemian Rhapsody

UK/USA - 2018 - 134 Minutes

The story of the legendary rock band Queen and the lead singer Freddie Mercury, culminating in their famous performance at Live Aid in 1985.

October 18

The Children Act

UK - 2017 - 105 Minutes

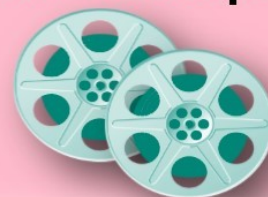
A high court judge must decide whether to order a life-saving blood transfusion for a teenager with cancer. Doing so would be against the family's wishes and religious beliefs.

October 25

The Lunchbox

India - 2013 - 105 Minutes - Subtitles

A mixed-up lunch delivery in Mumbai connects a young housewife and an older man. The lunch box notes between them create an unusual friendship.



Equal and Opposite

by
Parker O'Brian
Puzzle answers



OFFICE OF THE
SENIORS ADVOCATE
BRITISH COLUMBIA

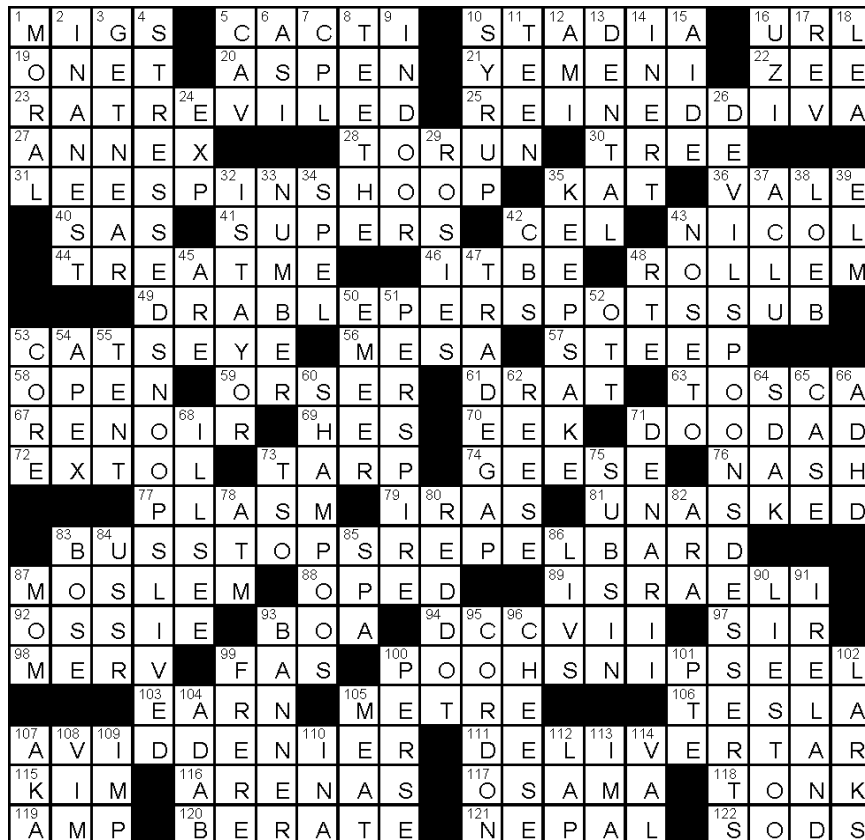
The Office of the Seniors Advocate (OSA) offers a wide-range of resources including *Research Rounds*, "a monthly compendium of research, publications, commentary and events about seniors in British Columbia and beyond". To sign up for the newsletter go to:

seniorsadvocatebc.ca/newsletter-sign-up/

Need help with seniors' programs and services? Contact the OSA Monday to Friday from 8:30 a.m. - 4:30 p.m. (except statutory holidays).

Toll-free: 1-877-952-3181

-Thanks to Michael Le Bas



Special Events at a Glance

Tuesday, October 8	Manning Fall Foliage Tour
Thursday, October 31	Halpern Performing Arts: <i>Season of the Witch</i>
Friday, November 8	Remembrance Day Tribute
Saturday, November 9	Nygard Sample Sale: Fundraiser
Wednesday, November 13	River Eagle Cruise (<i>new</i>)
Friday, November 15	River Eagle Cruise
Saturday, November 23	Christmas Fair: Fundraiser
Friday, November 29	Chicago Bridge Luncheon
Friday, December 6	Christmas in the Country Tour
Tuesday, December 10	Halpern Performing Arts: Bernard Cuffling
Wednesday, December 11	Christmas Luncheon




Manning Park Foliage Tour
Tuesday, October 8, 2019
Members & Guests \$99

LUNCH MENU
Brock House Society
OCTOBER 2019

Halpern Performing Arts Event:
"Season of the Witch"
Thursday, October 31, 2019
Tickets \$8 members & \$10 guests



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
	1 Squash Soup Pork Sausage, Gritts Okra & Salad	2 Wonton Soup, Pineapple Pork, Vegetable Stir Fry & Rice	3 Napa Cabbage Soup Teriyaki Chicken Legs, Carrots & Rice	4 Italian Wedding Soup Fish & Chips
7 Tomato Soup Mac & Cheese Peas & Salad	8 Chicken Vegetable Soup Chicken Pie Rice Pilaf & Salad	9 Beef Barley Soup Beef & Mushroom Pie Mash Potato & Salad	10 Squash Soup Thanksgiving Lunch SIGN-UP REQUIRED Homemade: Turkey, Mash Potato, Stuffing & Cranberry Sauce	11 Manhattan Clam Chowder Fish & Chips
14  BROCK HOUSE CLOSED	15 Turkey Vegetable Soup Turkey Shepherd's Pie Mixed Vegetables & Salad	16 Scallop Chowder Cod Pie Mash Potato & Salad	17 Corn Chowder Beef Chili Roasted Potato & Salad	18 Won Ton Soup Fish & Chips
21 Chicken Corn Soup Chicken Chow Mein Vegetable Stir Fry & Rice	22 Spanish Bean Soup Spanish Chicken Thighs Red Rice & Salad	23 Minestrone Soup Spaghetti with Bolognese sauce Rapini & Salad	24 Chicken Rice Soup Chicken & Biscuits Okra & Beans Salad	25 Carrot & Ginger Soup Fish & Chips
28 Boston Clam Chowder Seafood Fettucine Mix Vegetables & Salad	29 Red Cabbage Soup Sausage Casserole Beans & Salad	30 Beef Barley Soup Cottage Pie Mix Vegetables & Salad	31 Fish Chowder Seafood Lasagna Peas & Salad HPA: Season of the Witch	

THE CAFETERIA DOES NOT CARRY LARGE AMOUNTS OF CHANGE. PLEASE DO NOT PRESENT LARGE BILLS IN PAYMENT FOR YOUR MEAL.
Cafeteria is open from 9:00 a.m. to 3:30 p.m. - Lunches are served from 11:30 a.m. - 1:00 p.m.