



The Gallimaufry

August 2019

25 Cents

**An Afternoon
with music by**

**EDITH PIAF,
MARLENE DIETRICH,
PEGGY LEE and more!**

**Wednesday, August 14th
@ 1:30pm in the *Marquee***

Refreshments in the Conservatory during intermission.

100 tickets must be sold by Monday, August 5th or the concert will be cancelled!

Tickets: \$30

Members & Non-Members

Tickets available online at www.brockhousesociety.com or through the Brock House office in person or by phone at 604-228-1461.

"I recently heard this group perform at the Kay Meek Centre and I am sure you will enjoy them as much as I did!"
- Christine Samsom



Karel Roessingh

A brilliant pianist who studied at Berklee

Joey Smith

Former bass player and arranger for the Glenn Miller Orchestra

Edie Daponte

Singer par excellence



Our Volunteers!

CELEBRATION



**Thursday,
September 12th**

1:00-3:00pm in the *Marquee*

Complimentary light lunch & champagne in **YOUR** honour.

Reserve early, we can only accommodate 175 guests.

Please RSVP by September 5th @ 604.228.1461

Enjoy entertainment by the Brock House Jazz Band!

**Registration for the always exciting
Fall Program starts on
August 22.**

If you want to learn how to register online click/tap on the *Website Tips* Quick Link on our Homepage and then click/tap on the *Registration* learning handout to see a step by step guide. If you have difficulty following the steps, drop by the **Computer Room on Monday afternoons to get assistance.**

**Brock House closed
Monday, August 5 & Monday, September 2**

Community Notice Board

Did you know that in addition to the Brock House notice boards in the Foyer we have a community notice board next to the elevator on the main floor? There you'll find information about events in our neighbourhood.

If your group has an upcoming event feel free to use this board. Please note that all posters and notices must first be approved by Joanne Enns, Administrator.

Where Seniors Stay *Young*

Brock House Society - 3875 Point Grey Rd, Vancouver BC V6R 1B3 - BrockHouseSociety.com

BrockHouseGallimaufry@gmail.com



From the President's Pen

As many of you make your way back after a vacation away from home, you are probably now doing what I always do. Compare the places that you have been to and the experiences that you've had, with what you would have experienced staying at home in Vancouver. I invariably conclude that the travel experience was beneficial, but the scenic experience does not compare with what we have in our backyard.

How fortunate we are to live here and how lucky we are to have Brock House situated in such a spectacular setting and I hope you will appreciate it even more as you attend the summer and soon to be announced fall programs and events.

A great way to appreciate this would be to attend "An Afternoon with Music" (see p. 1) *August 14* with acclaimed Vancouver Island chanteuse, Edie Daponte.

"Daponte is known for her musical literacy and ability to perform in different styles, and has enjoyed a variety of ensemble performances recently. As well as singing in a duo, she has also sung with the 18-piece Don Leppard Big Band at her back." - Saanich Island News

Tickets are still available and spectacular water and mountain views come at no extra cost.

After the glitch in the date with this year's Summer Fair I am pleased to announce that the event was very successful and we were grateful to have both Joyce Murray, who wrote a letter of appreciation to Joanne Enns and the members, and David Eby present. Our 4 staff members were stretched to the limit in the planning and delivery of the Fair and once again it was brought to my attention on how important and critical volunteers are to the ultimate success and execution of this event. Many of them spent long hours sorting and preparing the items that were available to you in the Fair.

So, now that you have your holidays behind you, please consider volunteering in some capacity over the next few months at Brock House Society. Your efforts will be much appreciated and help us to deliver our programs and events in the most cost-effective manner possible.

For more information contact the office and speak to Joanne.

Enjoy the rest of the summer.

-Peter Phillips, President



Brock House/Kerrisdale Handbell Ringers

The Brock House/Kerrisdale Handbell Ringers are looking for new members and are offering

Beginners' Classes
starting Wednesday, September 4
from 1:30 to 2:30 p.m.
under the guidance of Amy Poon.

This is a super hobby which requires the ability to read music and which involves both physical and mental effort. The Ringers entertain in hospitals and care homes in the Metropolitan Vancouver area and also present a concert at Kerrisdale Seniors Centre twice a year which is open to the public. For more information, call

Amy Poon at 604-306-2923 or
Jean Peggie at 604-732-3354.

Otherwise, just register at Kerrisdale Seniors Centre.

*-Jean Peggie, President,
 Handbell Ringers*

The Gallimaufry thrives because of the generosity of Brock House members, year after year. In addition to articles about House activities, we welcome creative content.

If you'd like to receive *The Gallimaufry* by email each month please write to: **brockhouse@telus.net**

You can also view it on our website: **brockhousesociety.com** by using the "Newsletters" link on the lower right of the homepage.

-BevAnn Lister Dean, Editor

Stu Braidwood

By

Christine Samson

Thomas Stuart Braidwood a long time Brock House member and my partner passed away early on the morning of Wednesday, July 3, 2019.

Stuart was the youngest of four children born in Wallasey, England on January 5, 1931. His early family life was spent in Blundallsands, near Liverpool where he attended Merchant Taylors' School. During the war years his family moved to Prestatyn in North Wales. His father, a naval engineer, continued to work in Liverpool where he was responsible for converting ferries to hospital ships. Stuart lost his parents at a very young age and was always thankful for his immediate and large extended family. Over the years he has taken a great interest in his nephews, and their families. After spending time in the army he did a drafting apprenticeship in England.

On July 1, 1955 Stuart arrived in Montreal with his trusty Triumph motor bike, and 10 British Pounds! After visiting his uncle in Rochester, New York he slowly made his way to Vancouver. Once he arrived here, he joined the Transmission Design Department of BC Electric (later IPEC) and then BC Hydro's Transmission Department (later BC Hydro). He worked there until 1992, enjoying every day. He made lifelong friends at Hydro and enjoyed working with all his colleagues. He organized an annual traditional Chinese Christmas luncheon for retirees from the Transmission Design Department and he followed the successes of his younger colleagues, and was very proud of their accomplishments. He helped build his first home in North Vancouver and thoroughly enjoyed this project and all he learned from the many tradesmen he came to know.

Stuart was a natural athlete and played rugby as a young man in England. Lately he spent many a Saturday morning watching rugby and football on television from England. He took up downhill skiing and did it with style and finesse. In the early 80s sailing became his new passion and, along with his friend Stu Hicks, he became part owner of SASSY - Stu and Stu's Sailing Yacht! They

enjoyed Wednesday night racing and we all enjoyed daily outings on the water or longer trips to places nearby. In 1991 Stuart got back into motor biking but this time he rode a Honda Gold Wing.

In 1981 Stuart joined Jericho Tennis Club starting out as a squash player, but tennis quickly became his game of choice. He was a regular user of the gym and pool, and Jericho was his "local" as they say in England, where he met his friends most days for a pint.

In 2005 he joined the Brock House Society and was an active member, enjoying the Travel and Lecture series, Friday Flicks and many social events.

Stuart and I met in 1981 and enjoyed 38 years of happiness, fun and adventure. Overseas travel was a highlight of our life: annual trips to Maui in October, trips back to England, time with family in Newfoundland, holidays in Mexico, and Europe, and, on his 85th birthday, a trip to

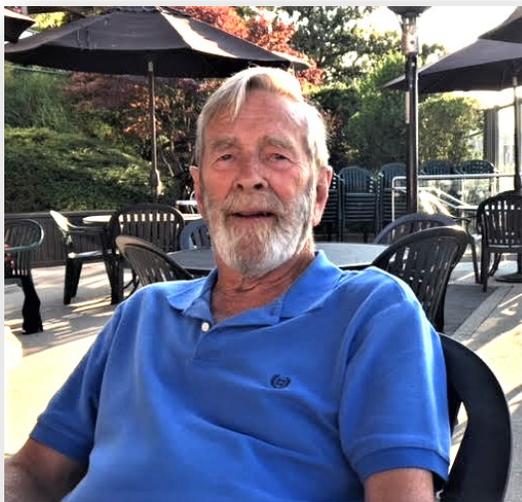
South Africa. We also enjoyed a wide circle of friends celebrating many special occasions.

Stuart enjoyed excellent health until October 2018. He continued to be very active throughout his chemotherapy and radiation treatments. He was hospitalized on June 17 and thankfully his suffering was short. He was non-judgmental, energetic, humorous, handsome, kind, responsible and remained ever the gentleman easy to love.

A "Celebration of Life" will be held on Wednesday, September 11 at 2:00 p.m. at the Royal Vancouver Yacht Club, 3811 Point Grey Road. In lieu of flowers donations to the Canadian Red Cross would be greatly appreciated.

That best portion of a good man's life,
His little, nameless, unremembered acts
Of kindness and of love.

-William Wordsworth





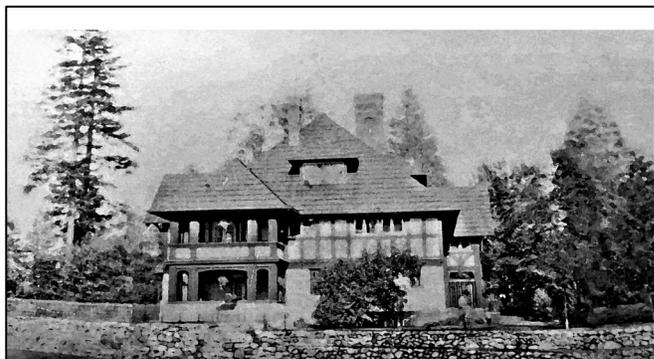
Stories So Big They Need to be Sung

Thursdays in the Halpern Room, 11:00 - noon
Free to members and no registration is required
Seating capacity is 65

This continuation of Esther Birney Series from the Winter Program focuses on an opera series featuring Professor Robert Greenberg. For more than 400 years, opera has been one of the most popular performing arts. His knowledge and insights will help you better understand, appreciate and love opera. The 8-week series show-cases a 45-minute DVD presentation followed by 15 minutes for discussion.

- August 1 Russian Opera I**
- August 8 Russian Opera II**
- August 15 Verismo, Puccini and Tosca I**
- August 22 NO SHOWING**
- August 29 Verismo, Puccini and Tosca II**

The Brock House Calendar is back for 2020!



BROCK HOUSE Society 2020 Calendar

1 full size calendar - \$15.00

or

2 full size calendars for \$25.00 and get a small calendar as a free bonus

BROCK HOUSE Society 2020 Calendar

 JANUARY	 FEBRUARY	 MARCH	 APRIL
 MAY	 JUNE	 JULY	 AUGUST
 SEPTEMBER	 OCTOBER	 NOVEMBER	 DECEMBER

3875 Point Grey Road, Vancouver, BC V6R 1B3 | (604) 228-1461 | www.brockhousesociety.com

Meet the Brockites

By
Lisa Smith

Have you ever wondered how much you have in common with your fellow members at Brock House? Each month in the Gallimaufry we will be randomly choosing a "Brockite" for a brief question and answer session touching on a variety of topics. It promises to be fun and interesting! Introducing this month's Brockite: **Cathie McGuire**

Where were you born? **Glasgow, Scotland**

When (approximately) did you join Brock House? **2012**

What do you enjoy participating in at Brock House? **Hiking on Saturdays and table tennis.**

What is/was your profession? **Office manager**

What are your hobbies/interests? **Cycling, ocean swimming, teaching aquafit, Scottish country dancing, and spending a day every week with my grandson.**

What is your favourite food? Drink? **Japanese Bento boxes are one of many favourite foods, shandies**

What is your favourite colour? **Purple or periwinkle blue**

What is your favourite movie? TV show? **The Sound of Music**

What is your favourite place on earth? **Apart from Vancouver, the Cook Islands.**

What is your favourite way to relax? **Walking the seawall is one.**

What kind of weather do you prefer? **The variety we get in Vancouver, not too hot or too cold.**

Any pet peeves? **Insensitive cell phone users.**

Discounting family, if you could meet an individual from the past, who would it be and why? **Rachel Carson, whom I have just discovered lately, who was an environmentalist at a time when it was not being spoken of much.**

Have you ever had a paranormal experience, (ghosts/UFO sighting, ESP, etc.) you wouldn't mind sharing? **No paranormal experiences but I have felt God's Hand in my life many times nudging me forward and encouraging me.**

If you could choose three words to describe yourself, what would they be? **Practical, a good listener and loyal friend I like to think.**

Any advice for the youth of today? **Words from Mother Teresa, "We can't all do great things but we can do small things with great love".**

The Brock House

Welcome Wagon

We Need Your Help!

We all know how good it feels to be given a warm welcome when we join a new club! With that in mind, The Membership Committee at Brock House is undertaking an initiative to make our new members feel really welcome, informed about the goings-on of Brock House and the programs we offer, and to introduce them to other Brock House people.

We are looking for enthusiastic people who can spare a few hours per month, contacting new members by telephone or email, perhaps meeting up with a new member at Brock House for a tour, a chat and an introduction to other Brock House folks.

If you'd like to be part of The Brock House Welcome Wagon, please contact me, **Val Lynn,**
@604.732.3040

Brock House Milestones

Our condolences to the families and friends of:

Jean Anderson, Stu Braidwood, Moyra Bigmore, Margaret Breeze, Lorraine Douglass, Frank Harley, Brian Stauffer, and Marly Zell.





A wonderful Summer Fair moment, chess on the north lawn.

Special thanks to Sharon Russell for the drawing.

Brock House Chess Players

Thanks to the Woodworkers for making the outdoor chess board and to our members who came to supervise play with the big chess pieces. It was a perfect day for the Brock House Fair and many people came to play or watch or take part in the games.

Many thanks to all.

The Brock House chess players meet every Tuesday and Thursday at 1:00 p.m. to 3:00 p.m. in the Meyer Room. All are welcome to come and play or learn and watch or share their experience.

-Alejandro Ramirez, Convenor



White moves and wins in 3



Black moves and wins in 3



37th Annual
Sunshine
Coast
FESTIVAL of the
WRITTEN ARTS

Take part in Canada's longest running summer gathering of Canadian writers and readers featuring established literary stars and exciting new voices. Includes ticket to 'Meet the Writers' public reading performance and intimate Q & A. See the Summer Program and website for details.

PACKAGE INCLUDES:

- Festival of the Written Arts
- Meet the Writers Ticket
- Saffron Restaurant Lunch
- All Ferry Fees
- All Taxes and Fees

\$139.00 pp members and their guests

**Saturday, August 17, 2019
8:30 a.m. until 7:15 p.m.**

Registration cancellations will be accepted until
Wednesday, August 14, 2019 at 12:00 a.m.



Vancouver Police are again warning the public to be wary of distraction thefts, after a 77-year-old senior was victimized by thieves while in her own backyard last weekend.

The senior was gardening at her home in the city's Cedar Cottage neighbourhood at around 11 a.m. July 20, when a male and

female drove up in an SUV. The female passenger got out, approached the victim, and forced several pieces of costume jewelry into her hands.

The victim resisted and told the woman to leave, then realized later that a gold bracelet had been removed from her wrist during the altercation.

"Distraction thieves work quickly and use the element of surprise to confuse their victims," says Constable Steve Addison, VPD. "They're successful because victims often don't realize they've been scammed until much later."

The suspects in this case were driving a dark four-door SUV. The female suspect was between 35 and 45 years old, about 5'3, with brown, shoulder-length hair, and olive skin. She wore a dark floral-patterned dress with sandals and bright red nail polish. The male driver appeared South Asian, with

darker skin, and wore a black baseball cap, and polo shirt.

Detectives from VPD's Major Crime Section are now investigating, and say this incident has similarities to previous distraction thefts.

In the past, thieves have targeted elderly men and women who have visible jewelry. One or two thieves typically approach a victim and overwhelm them by talking and placing fake jewelry around the victim's head, neck, or wrist. Sleight of hand techniques are then used to take off the victim's own jewelry, replacing it with fake jewelry, before fleeing in a waiting vehicle driven by an accomplice.

Police are advising people to not permit anyone they do not know into their personal space, and to tell anyone who tries to give them jewelry or place jewelry on them, that they are not interested. If the situation escalates, they should draw attention and call 9-1-1 immediately.

Anyone with information about this distraction theft, or others, is asked to call VPD's Major Crime Section at 604-717-2541 or Crime Stoppers at 1-800-222-8477.

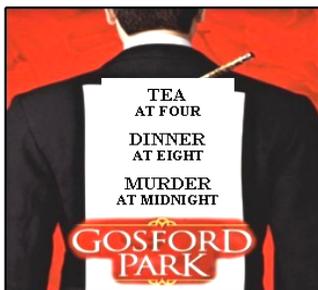
CONSTABLE STEVE ADDISON, MEDIA RELATIONS OFFICER, VPD, JULY 24

-Thanks to Judy Davis

BROCK
HOUSE
Society

Friday Summer Movies

**Fridays, 1:00 - 3:30, Halpern Room
\$2.00 - Exact change please**



August 2 - Gosford Park

Director Robert Altman brings together a group of pretentious rich and famous guests for a weekend at a hunting lodge in 1930s England. When a murder occurs, everyone's a suspect.

August 9 - Casablanca

...the people involved thought it would be just another Hollywood flick, one of hundreds the studios would release every year. But the film shot Humphrey Bogart and Ingrid Bergman to a new level of stardom and their lines in the film have been woven into the fabric of modern pop culture. -CBC



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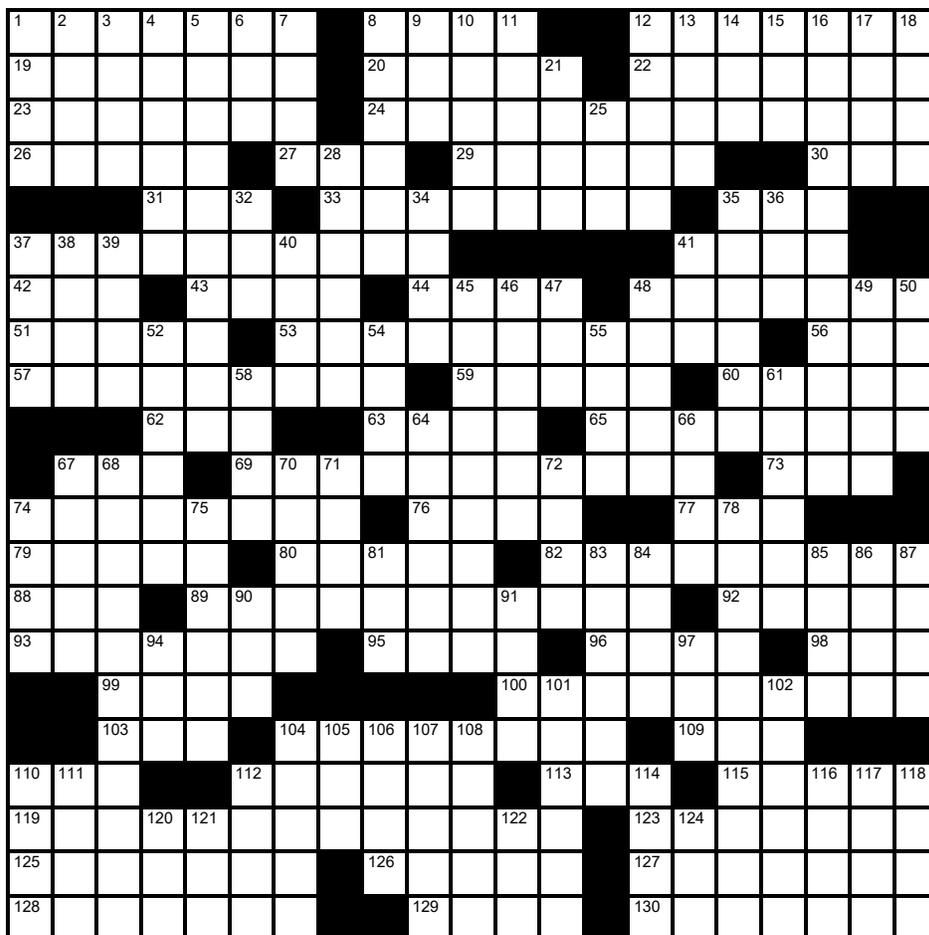
'A' Misunderstanding

by Parker O'Brian

Across

1. Performs dental surgery of a sort
 8. Arduous journey
 12. Social ranks
 19. "I have _____ pick with you"
 20. 2011 film about a 16 year old assassin
 22. Yachting event
 23. "Sunshine Superman" singer
 24. Bill the horse?
 26. ___ nous
 27. CSI evidence
 29. "Going up _____?"
 30. 1981 film, "___ Boot"
 31. Exist
 33. Popular televisions in the 50's
 35. 2nd word in the American anthem
 37. Try your luck with karaoke?
 41. Sushi fish
 42. Texter's "If you ask me ..."
 43. Chap
 44. Union's opp.
 48. Suitable for ore extraction
 51. Raft material
 53. Request drinks for the table?
 56. It may be beaten
 57. Body of water north-east of the Antarctic Peninsula
 59. Senior's discriminator
 60. Ere
 62. Young ___
 63. Polite request
 65. Part of a passenger ship
 67. Reggae relative
 69. Cleaned the religious symbol with a broom?
 73. Summer drink
 74. Popular hotel chain
 76. Guesstimate words
 77. R.N.'s forte
 79. They may be laureates
 80. "La _____" 1950 French film starring Simone Signoret

82. Prepare for a sword fight
 88. Dadaist Jean
 89. Dragged the severed body part?
 92. Title character in a Chaim Potok novel
 93. Made preparations
 95. Oil brand name
 96. Mideast royal house
 98. Sounds of hesitation
 99. Conceal below the surface
 100. Opts for the role?
 103. Wade's legal adversary
 104. 1990 U.S. Open winner Sabatini
 109. Kazakhstan, once, abbr.
 110. Quilting event
 112. Calling
 113. "A jealous mistress": Emerson
 115. Spine markings
 119. Show honouring actress Sela?
 123. More severe
 125. "Stop fidgeting!"
 126. Time for a coffee break
 127. Inflexible
 128. Sister of Apollo
 129. Sort
 130. Off the main path
- Down**
1. Miami-___ County
 2. Black, to Blake
 3. Letter characteristic
 4. Hooded jacket
 5. Diet program motto?
 6. Vehicular crime, abbr.
 7. 1971 film, "Brian's ___"
 8. They're bigger than quarters
 9. Managed
 10. Short stanza ending a poem
 11. Dehydrated soup brand
 12. Yachting personnel
 13. 1972 Bill Withers hit, "___ on Me"



14. Shareholders yearly meeting, abbr.
 15. ___ Paulo, Brazil
 16. Stare at the dame, in an uncouth manner?
 17. Sicilian erupter
 18. U.S. college entrance exams
 21. Verdi heroine
 25. Rank above maj.
 28. "No Exit" playwright
 32. First family member
 34. "Who wants ice cream?" response
 35. Ice cream parlor order
 36. Gasteyer of "Mean Girls"
 37. Barbecue fare
 38. Apple product
 39. Unassisted
 40. Grandson of Adam
 41. Like some ears
 45. They're not black and white
 46. Belonging to Earvin Johnson
 47. Prefix with cycle
 48. SPCA boarders, often
 49. The "L" of XL
 50. Fencing weapon
 52. British royal house established in the 15th century
 54. Moist
 55. ___ buco
 58. Kind of prof.
 61. Donnybrook
 64. In conflict
 66. Book after Neh.
 67. Actor Dinah or Pauly
 68. Put the piece of chicken away for later?
 70. Word with record or series
 71. Form of ether
 72. Don Juan, e.g.
 74. Trade punches
 75. Aim
 78. Guide the lost pet?
 81. Born in France
 83. Sprint Cup org.
 84. Badlands Natl. Park locale
 85. Duke Ellington's "Take ___ Train"
 86. Frau's partner
 87. Once, once
 90. One-eighty
 91. It springs eternal
 94. Batman and Robin, e.g.
 97. American battleship letters
 101. Words in a children's bedtime prayer
 102. Rainbow generators
 104. Scottish Highlanders
 105. Flight board abbr.
 106. Borscht vegetable
 107. Held another session
 108. Type of humour
 110. Rum-soaked cake
 111. Decorative pitcher
 112. Mid-third century year
 114. Soften
 116. Spicy cuisine
 117. Advance
 118. Art deco designer and artist
 120. 66, e.g.: Abbr.
 121. Not brilliant
 122. Drop off
 124. Nabokov novel

Puzzle answers on p. 15

6 research-based ways your smartphone can support your healthy aging goals

From the McMaster University Optimal Aging Portal

The Bottom Line

More and more people rely on mobile phones to communicate, get information and simplify daily activities.

A mobile phone can be a valuable tool for maintaining health through the lifespan.

Specific applications include text message reminders (e.g. to take meds) and health monitoring.

How close is your relationship with your smart phone? Some people can't live without their phone, while others struggle to remember where it is... or how to turn it on! Regardless of your level of dependency, mobile phones can provide easy access to your personal contacts, directions, even entertainment. And – importantly – they can also help improve and maintain health while supporting your goals of aging optimally.

Here are some of the best evidence-based ways your phone can help keep you healthy....

1. Assistance to manage your medications

We're all human, which means we can make mistakes or forget to do things. But some slip-ups have serious consequences, such as forgetting to take medications properly (or at all), a common problem for many people. Text message reminders delivered via mobile phone can help ensure medications are taken as directed.

2. Motivation to stay focused and on track

We can all use a little help and encouragement sometimes, especially when the going gets tough, like when we're struggling to quit smoking, eat well or manage our weight. There are many health 'apps' available that send information, reminders and motivational messages to our phones and research evidence shows this approach can keep us from getting discouraged as we work toward our goals, including smoking cessation and weight loss.

3. Support for managing chronic conditions

Chronic diseases like type 2 diabetes, which involve ongoing monitoring, can be challenging for people to manage effectively. Studies show that mobile phone applications that involve inputting information (e.g. blood glucose readings, food intake etc.) and receiving personalized feedback help improve blood sugar levels.

"Telemedicine" is also a time- and cost-effective way to support people recovering from diabetes-related problems such as foot ulcers. Telephone monitoring and support can also be effective for people recovering from stroke and heart failure.

Automated telephone communication systems (ATCS), can help patients manage long-term conditions and encourage people to take preventive measures (screenings, immunizations, follow-up appointments etc.)

4. Socialization: talk, laugh, share

Let's not forget the original use of a phone: to connect and communicate with others! Relationships and contact with people contribute to a full, balanced and healthy life; conversely people who are socially isolated – including many older adults – are at risk of poor health. Telephones and other communication technology can help alleviate loneliness and a sense of isolation.

5. Access to your health records

What does the future hold for technology to monitor, maintain and/or improve your health? There is growing interest in making Personal Health Records (PHR) electronically available for people who want secure online access to their medical files in order to take greater responsibility and advocate for their own healthcare. Further research will clarify if and how PHRs impact overall health.

6. Find healthy aging information you can trust

Depending on your phone and your data plan, you may have full access to the Internet – including the trusted, evidenced-based health information on the McMaster Optimal Aging Portal! Just be wary when searching for health information elsewhere online: what you read may not be based on credible sources and may not lead to the health benefits you hope for.

<https://www.mcmasteroptimalaging.org/blog/detail/blog/2017/10/23/6-research-based-ways-your-smartphone-can-support-your-healthy-aging-goals?sid=6420e636-636c-4c9d-83e9-80a193c145b1&hl=technology>

Summer Fair Wrap-up



White Elephant

Thank you to the Brock House members and their friends who generously donated a wide variety of items for sale. Visitors enjoyed finding bargains, the donations found new homes, and Brock House Society benefitted too. It's a great way to recycle and clean out one's cupboards! Unsold items were picked up by Developmental Disabilities at the end of the day.

Much appreciation to all who helped, particularly to the core group of seven volunteers who worked in the basement for six weeks before the fair, unpacking, sorting, pricing, (sometimes washing), repacking the donated items, and then working two more consecutive seven hour days unpacking, setting up and selling.

Thanks also to the cheerful volunteers. 19 people worked on Friday setting up, and 31 individuals worked either a full day or a half day on Saturday, (some staying to clean up too). Most of the white elephant volunteers come back to help year after year which is much appreciated.

Thank you to all the Brock House staff who helped in many ways.

-White Elephant Committee



 Maria King

The Library & book sale

The good weather for both set-up and fair day was welcome. Our sales were steady, but particularly brisk during our first and last shifts of the day.



As ever, our success is due to book donors and buyers, to BHS staff and to our team of volunteers who sort donations throughout the year. Particular thanks to the set-up and sale volunteers, some of whom worked at both tasks and at more than one sales shift: Joanne Allan, George Bangham, Silvia Bergersen, Keith Bramwell, Kim Butler, Marie Cheong, Christine Chou, Kenneth Durrer, Colleen Griffin, Barbara Holder, Bill Hooker, Anna Lee James, Liliame Julien, Bernie Loughran, Margot Magee, Caroline Mervyn, Yvonne Mitchell, Lee-Ann Mulrooney, Marie Murzello, Lynn Paul, Elizabeth Raines, Bogna Ross, Doug Smith, Lisa Smith, Carol Smythe, and Maureen Williams.

-Nadine Baldwin, Convenor

We Our Summer Fair Bakers

Your generosity is overwhelming

We also love our wrappers, pricers, shoppers, and money handlers.

We love our House staff.

We love the wonderful volunteers who helped us with set-up, tear-down and everything in between.

Special, loving thanks to the master, **Mary Bliss**.

She preserves us and she guides us.

What a day! So. Much. Fun.

Thank you.

-Glenys Acland and BevAnn Lister Dean



Maria King

Yarn and Needle Crafts

We had a very enjoyable and successful day at the Summer Fair, and would like to thank all the members of our group for creating such wonderful items and for giving their time and energy to selling them at the Fair. Thanks also to the Brock House members who generously donated yarn to our group or who made and donated finished products. And finally a huge thank you to everyone who came by to chat, admire and purchase items from our booth.



Maria King

Our group will be meeting in the **Meyer Room on Mondays from 9:30 to 11:30** over the summer. Feel free to drop by for a chat and to see who we are and what we do. Perhaps, if you knit, crochet, quilt, weave, stitch or work with fabrics, fibres, yarns or threads in any way you might like to join us. Or perhaps you have always wanted to knit and now is the time to learn.

-Carol Jackson and Dorothy Simons, Co-convenors

Summer Fair is over and the results are in



The Jewelry Committee would like to thank the volunteers who answered the call to help us sort jewelry and worked the day of the fair.

Our combined efforts helped the jewelry department achieve the highest total sales ever from our department for the Brock House coffers.

A heart felt thank you to Lee, Yolanda, Joanne, and Nebojsa. We couldn't have done this without your assistance!

Now a well deserved summer break and on to the Christmas fair!

The Woodworkers

The return to the Saturday Summer Fair was a great success. In fact, it was our best sale ever. The medical marijuana boxes drew lots of interest and smiles. They almost sold out. Alan's 12' train can't be accommodated any old where but is bound to provide years of pleasure to whomever acquires it. Does your grandchild have a roomy play area?

Our army of stalwart volunteers enjoyed meeting the enthusiastic crowds explaining the different items and taking orders.

If there was something at the woodworker's table that sold out too soon or you purchased an item that needs to be tweaked for your purpose, please contact the Workshop Coordinator at the Brock House workshop on Thursday morning, or e-mail wramey@mail.ubc.ca with "Brock House Projects" in the subject line.

-Bill Ramey and Susan Lamb



The Porcelain Painters always appreciate the opportunity to display their work and talk to members and guests about this fine art form. We asked Annegret Meyer, one of our brilliant artists, whether she had fun. Here's her response:

"Yes, I had fun. This was my first Summer Fair with the Porcelain Painters group and I was so amazed and impressed to see 'gazillions' of people turning up. The weather was so perfect and the atmosphere absolutely super."

From all of us to all of you, many thanks!



Maria King & Stan Hohnholz



Food Services **Volunteers** **Join us for some fun!**

If you'd like to get to know more Brock House members and give back to our community then consider joining our Food Services team. We're looking for enthusiastic, young-at-heart members to work at the cash and serving counter in our always fun-loving cafeteria. Come to be a helper and stay for the camaraderie!

-Polly Spurr, Convenor

 Maria King



50/50 and Raffle

Research has shown that people who volunteer often live longer - Allen Klein

A sincere thank-you to my dedicated volunteers: Nassrin Farquharson, who manned the table in the afternoon (after working for two weeks selling tickets for the main raffle), Margaret Paterson who presided over the table in the morning - taking great pride in every detail - and Carl Jonsson who, on very short notice, sold tickets as he paraded around the grounds in the afternoon - as I did in the morning.

-Fran Holmes-Green, Convenor



One last look

The very popular Vancouver Morris Men at the Fair



Stan Hohnholz



'A' Misunderstanding

by
Parker O'Brian
Puzzle answers

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18								
D	E	F	A	N	G	S	T	R	E	K	C	L	A	S	S	E	S								
19	A	B	O	N	E	T	20	H	A	N	N	A	21	22	R	E	G	A	T	T	A				
23	D	O	N	O	V	A	N	24	I	N	V	O	I	25	C	E	A	M	O	U	N	T			
26	E	N	T	R	E	27	G	S	R	29	O	R	D	O	W	N	30	D	A	S					
			31	A	R	E	32		33	A	D	M	I	R	A	L	S	35	S	A	Y				
37	38	39	40	41	42	43	44	45	46	47	48	49	50												
R	I	S	K	A	V	E	R	S	E			T	U	N	A										
42	I	M	O		43	G	E	N	T		44	M	G	M	T		48	M	I	N	A	B	L	E	
51	B	A	L	S	A		53	O	R	D	E	R	A	R	O	U	N	D		56	R	A	P		
57	S	C	O	T	I	A	S	E	A		59	A	G	I	S	T		60	A	F	O	R	E		
			62	U	N	S				63	M	A	Y	I		65	S	T	E	E	R	A	G	E	
	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87				
S	H	E	R	A	T	O	N			O	R	S	O												
79	P	O	E	T	S		80	R	O	N	D	E		82	U	N	S	H	E	A	T	H	E		
88	A	R	P		89	P	U	L	L	E	D	A	H	E	A	D		92	A	S	H	E	R		
93	R	E	A	D	I	E	D		95	E	S	S	O		96	S	A	U	D		98	E	R	S	
			99	B	U	R	Y							100	P	I	C	K	S	A	P	A	R	T	
			103	R	O	E			104	G	A	B	R	I	E	L	A		109	S	S	R			
110	111				112	C	A	R	E	E	R		113	A	R	T		114		115	T	I	T	L	E
119	A	W	A	R	D	C	E	R	E	M	O	N	Y		122		123	H	A	R	S	H	E	R	
125	B	E	S	T	I	L	L		126	T	E	N	A	M		127	A	D	A	M	A	N	T		
128	A	R	T	E	M	I	S		129	T	Y	P	E		130	W	A	Y	S	I	D	E			

Special Events at a Glance

Wednesday, August 14	An Afternoon with Music
Saturday, August 17	37th Sunshine Coast Festival of Written Arts
Thursday, September 12	Volunteer Appreciation
Tuesday, September 24	Evening Social
Wednesday, September 25	New Members Reception
Thursday, October 31	Halpern Performing Arts: Witches
Friday, November 8	Remembrance Day Tribute
Saturday, November 23	Christmas Fair
Tuesday, December 10	Halpern Performing Arts: Bernard Cuffling

**An Afternoon with Music by Edith Piaf,
Marlene Dietrich, Peggy Lee & more!
August 14th @ 1:30pm in the *Marquee*
\$30 Members & Guests**

**LUNCH MENU
Brock House Society
AUGUST 2019**

**Registration date for
Fall 2019 Programs:
Thursday, August 22
@ 9:00am**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
			1 Soup & Sandwiches NO HOT ENTREES	2 Italian Wedding Soup Fish & Chips
5 Civic Holiday BROCK HOUSE CLOSED	6 Soup & Sandwiches NO HOT ENTREES	7 Soup & Sandwiches NO HOT ENTREES	8 Soup & Sandwiches NO HOT ENTREES	9 Manhattan Clam Chowder Fish & Chips
12 Soup & Sandwiches NO HOT ENTREES	13 Soup & Sandwiches NO HOT ENTREES	14 Soup & Sandwiches NO HOT ENTREES An Afternoon with Music by Edith Piaf	15 Soup & Sandwiches NO HOT ENTREES	16 Wonton Soup Fish & Chips
19 Soup & Sandwiches NO HOT ENTREES	20 Soup & Sandwiches NO HOT ENTREES	21 Soup & Sandwiches NO HOT ENTREES	22 Soup & Sandwiches NO HOT ENTREES Registration day for Fall programs	23 Italian Wedding Soup Fish & Chips
26 Coffee & Sweets only	27 Coffee & Sweets only	28 Coffee & Sweets only	29 Coffee & Sweets only	30 Coffee & Sweets only NO FISH & CHIPS UNTIL SEPT. 13th