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# **Program Information 2023**

#### Registration is scheduled to open January 4, 2023.

For more detailed information on programs, please visit our website at https://www.brockhousesociety.com/

#### Register:

- 1. On-line. You must first "Log-In" as a member.
- 2. By phone: 604-228-1461
- 3. Or drop by the Office

#### Refund Policy:

- There is a \$10.00 processing fee for ALL cancellations.
- To ensure that classes can go ahead as planned, we cannot issue a refund for cancellations less than 4 days prior to an activity. The deadline to cancel and get a refund for tours is 5 days unless otherwise noted.
- If you drop out after the start date, we cannot issue any refund.
- If Brock House needs to cancel a course due to low attendance, a full refund will be provided.

#### No Classes on holidays:

- Family Day Monday, February 20, 2023
- Good Friday Friday, April 7, 2023
- Easter Monday Monday, April 10, 2023

## **Arts and Crafts**

#### **Porcelain Painters**

Wednesday: 10:00 AM - 12:00 PM

Location: Art Room
Dates: Ongoing
Cost: Drop-in Fee

Capacity: Drop-in & Sign up

For more information, please contact Neville at nwest.4917@gmail.com.

Registration is not required

Learn to apply your painting skills to white china or refine your technique with the Brock House Porcelain Painters. We use powdered mineral colours which are ground into an oil base and then applied to china which is fired in the Brock House kiln. Our painters produce quality pieces for their own pleasure and for sale at Society fundraisers. Supplies are available to get you started and we can recommend sources for your specific needs. We take pleasure in helping each other and guiding beginners. Come and enjoy a lovely art form with experienced peers!

#### **Artists' Group**

Friday: 9:00 AM - 12:00 PM Location: Art & Games Room

Dates: Ongoing Cost: Free Capacity: 14+

To join this group, contact Gillian at golson@telus.net

All are welcome to visit and participate in any medium. In deference to those with chemical sensitivities, we avoid using art supplies that have strong chemical smells. No teacher, but advice, encouragement and friendship for beginners and the experienced.

#### **Needle Crafts Group**

Monday: 9:30 AM - 11:30 AM

Location: Meyer Room

**Dates**: Ongoing Capacity: 14

For more information, please contact Truus: truusk@hotmail.com

Members of this group knit, crochet and stitch handcrafted projects to sell at the Brock House Summer and Christmas Fairs. Within the group, members share their expertise and enjoy the companionship of working together to support Brock House.

We are always happy to welcome new members of all levels — including novices — who craft items using yarns, fibres or fabrics in any way, such as sewing, quilting, embroidery, weaving, etc.

## **Computers**

#### **Computer Drop-In**

Monday: 1:00 PM - 3:00 PM Location: Computer Room

Dates: Ongoing Cost: Free Capacity: Drop-in

For more information, please contact <a href="mailto:computersatbhs@gmail.com">computersatbhs@gmail.com</a> to connect with one of the convenors Dave, John or Brian.

Or drop into the Computer Room on Mondays 1:00 - 3:00 for help with any computer questions or trouble shooting you need help with.

# **Special Events and Social** Groups

#### **Robbie Burns Celebration**

Wednesday, January 25

1:30 PM - 3:00 PM

Location: Conservatory

Cost: \$20 Members; \$25 Guests

Capacity: 80

Register for this event.

The Robbie Burns celebration is a favourite with Brock House members. Come prepared to enjoy haggis and Scottish treats, complete with a piper and the traditional Toast to the Haggis! Purchase online or through the Brock House Society office.

## **Free Events for Members**

#### **Member Forum**

Thursday (4th Thursday of each month):

2:00 PM- 3:00 PM

Location: Halpern Room

Dates: Ongoing Cost: Free

Capacity: Drop-in

2023 Winter Forum Dates:

- January 26
- February 23
- March 23

If necessary, use the Zoom link on the website.

Join our Executive Director, Director of Membership and member of the Board for this round table 60-minute session where you can ask questions, present new ideas and make suggestions. We welcome and value your input. Forums are held on the 4th Thursday of every month.

# **Social Groups**

#### Adventures in Dining

This program is no longer running. Our apologies to the former convenors and to the members of BHS for the mistake.

There has been a lot of interest....perhaps one of the members who is keen to participate would like to put his/her/their name(s) forward to convene a similar program

Contact (only) one of the following convenors to ioin the mailing list.

This group provides a wonderful opportunity to meet other Brock House members while enjoying dinner at one of Vancouver's many fine restaurants. Restaurants are selected for their interesting menus, and members are emailed with event details and dates. Those interested reply by email to reserve a place and await confirmation. Member input as to the choice of cuisine and venue is welcomed. Groups may be limited to 6 - 8 people to facilitate service and conversation, as socializing is a focus.

#### **Cultural Dining**

- \* normally the last Wednesday of the month
  - January 25
  - February 22
  - March 29

Please come and join in creating a monthly cultural experience by dining out and exploring various cuisines.

We plan to meet at designated restaurants at 5:30 pm, once a month to experience Vancouver's global fusion, and hope you will join us to explore our diverse cultures.

Limit of 10 participants per evening out.

Please contact Dalia (daliagil6@gmail.com) or to sign-up. She will create a mailing group inform diners about the evening details.

## **Games & Puzzles**

#### Billiards

Location: Billards Room

Dates: Ongoing Cost: Free Capacity: Drop-in

Drop in. Pick up the key in the office.

Book a time to come play billiards with a friend! For more info, please contact James Sexton at James.sexton@ubc.ca

#### **Bridge - Duplicate**

Thursday: 12:00 PM - 3:30 PM Location: Begg & Art Rooms

Dates: Ongoing

Cost: Drop-in Fee \$2.00

No registration required, sign-up starts at 10:45. Play starts at noon.

Contact Margaretta at mshirkoff@telus.net or Sue at suzoos@telus.net

It is necessary to come with a partner. Capacity at 52 with 13 tables max.

#### **Bridge - Social**

Friday: 12:30 PM - 3:30 PM Location: Art or Begg Room

Dates: Ongoing Cost: Free

Please drop by if you are interested!

"Unserious bridge" - singles welcome - in the Arts and Games Rooms.

#### Chess

Tuesday & Thursday: 1:00 PM - 3:00 PM

Location: Meyer Room

Dates: Ongoing Cost: Free Capacity: 10

Contact Roger at rogerwool77@gmail.com.

All levels of play including beginners. We have some chess sets, but if you want, you can bring one along. Come and join us in the Meyer Room.

There is a limit of 10 people.

#### **Cryptic Crosswords**

Wednesday: 10:30 AM - 12:00 PM

Location: Meyer Room

Dates: Ongoing Cost: Free Capacity: 14

Contact Chris Spencer: chrspncr@gmail.com

Do you enjoy solving cryptic crosswords but sometimes struggle with the clues, some experience is necessary. We complete the set of four puzzles at home and bring the answers to the sessions. We then discuss why the answers are the answers. Good exchange and discussions ensue! It's an opportunity to improve your skills by observing and learning from other lovers of cryptic crosswords.

### **Cryptic Crosswords for Beginners**

Wednesday: 12:15 PM - 1:45 PM

Location: Meyer Room Dates: Mar. 1 - Apr. 5

Cost: Free Capacity: 14

Instructor: Maggie Sherlock Register for this activity

"These puzzles are for super smart people only": true or false? Join us for the first class to find out how cryptic crosswords work. Count yourself in for the entire course to enjoy the satisfaction of finding out that you too can learn to do them. It is a chance to be stimulated and to have fun. This introductory course is designed to teach people who have no previous experience in solving cryptic crossword puzzles. Learning materials are provided but having a three ring binder is recommended.

#### **Cryptic Crosswords Level 2**

Wednesday: 2:00 PM - 3:30 PM

Location: Meyer Room Dates: Mar. 1 - Apr. 5

Cost: Free Capacity: 14

Instructor: Maggie Sherlock Register for this activity

For advanced students who wish to expand their

skills.

#### **Jigsaw Puzzle Exchange**

Everyday: 9:00 AM - 4:00 AM

Location: Office Dates: Year Round

Cost: Free

Come up to the office on the 3rd floor to drop off or borrow a jigsaw puzzle.

Jigsaw puzzles of all levels are available for members to drop off or borrow.

#### **Mah Jong**

Wednesday: 12:30 PM - 3:30 PM

Location: Art Room **Dates**: Ongoing

Cost: Drop-in Fee \$1.00

This group is now full. If you would like to join a waiting list please contact maajam@shaw.ca or pmccuaig@telus.net.

Enjoy an afternoon playing Mah Jong Hong Kong style. Play and learn at the same time. Instruction given.

#### Scrabble

Thursday: 12:30 PM - 3:30 PM Location: Whittaker Conservatory

**Dates:** Ongoing Cost: Free

To sign-up, contact Cherie at cheriewong99@hotmail.com

Scrabble is a lot of fun and members who love to play have organized this weekly gathering. Feel free to join them, and receive some of the many mental benefits that Scrabble players enjoy. There are several Scrabble sets in the Office "Games Cupboard"—even one in French.

#### **Table Tennis**

Monday, Wednesday & Friday: 12:30 PM -

3:00 PM

Location: Activity Room

Dates: Ongoing Cost: Free

Capacity: Drop-in & Sign up

To sign-up, contact Lisa at manxfam@gmail.com

## **Health and Fitness Classes**

#### **HF401 Pilates (Session 1)**

Friday: 11:15 AM - 12:15 PM

Location: Begg Room

Dates: Jan. 20 - Feb. 17, 2023

Cost: \$50 Capacity: 13

Register for series. Instructor: Hanne Vieira

This series is designed to get your health back on track with low impact Pilates exercises to tone, connect and release tension.

We will use an elastic band to build strength. improve posture and learn stabilization to prevent injuries and body pains. All levels welcome.

Pilates increases mobility, flexibility and helps building bone density. It is the best rehabilitation program to keep you feeling strong and invigorated.

Participants will learn to use their inner resistance to build strength; stabilize their bodies and move within a healthy range of motion.

Learn to release aches and pains through gentle exercises and stretching using somatic principles.

Through teaching the Pilates method, students will learn the fundamentals to optimize posture, endurance and balance. They will learn to better engage their muscles during any activity such as walking, climbing, sitting.

(10 min gentle warm-up, 40 min exercises, 10 min stretch and release)

#### **HF402 Pilates (Session 2)**

Friday: 11:15 AM - 12:15 PM

Location: Begg Room

**Dates**: Feb. 24 – Mar. 24, 2023

**Cost**: \$50 Capacity: 13

Register for series.

A continuation of HF401 Pilates

#### **HF403 Zumba Tuesdays**

Tuesday: 8:45 AM - 9:45 AM Location: Conservatory **Dates**: Jan. 17 – Mar. 7, 2023

**Cost**: \$80 Capacity: 15

Register for series.

Instructor: Asal Nikoopour

Zumba Gold© is perfect for active older adults who are looking for a lower-intensity workout. The design of the class introduces easy-to-follow choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. The class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance.

#### **HF404 Zumba Fridays**

Friday: 8:45 AM - 9:45 AM

Location: Conservatory or Activity Room

**Dates**: Jan. 20 – Mar. 10, 2023

Cost: \$80 Capacity: 10

Register for series.

Instructor: Asal Nikoopour

Zumba Gold© is perfect for active older adults who are looking for a lower-intensity workout. The design of the class introduces easy-to-follow choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. The class focuses on all elements of fitness: cardiovascular, muscular conditioning. flexibility and balance.

#### **HF410 Stretch and Strength**

Wednesday: 10:30 AM - 11:45 AM

Location: Activity Room
Dates: Jan. 18 - Mar. 8, 2023

Cost: \$80 Capacity: 12

Register for series.
Instructor Kate Maliha

This 75-minute mostly moderate-level class can be adapted to suit a variety of levels and physical limitations. The class begins with a short cardiovascular component that can be adapted for chair as needed. The last 2/3rds can be seated or standing, and includes 'Brain Muves' balance work, and exercises for strength, agility, stability, and stretching/mobility. The last part of the class is all seated and may include posture/body alignment, stretching, visualization, and deep relaxation. This class is suitable for all levels, including those with some mobility and balance restraints wishing to safely challenge themselves.

# HF412 Balance, Posture, & Strength: Level 1

Wednesday: 9:15 AM - 10:15 AM

Location: Activity Room
Dates: Jan. 18 – Mar. 8, 2023

Cost: \$70 Capacity: 12

Register for series. Instructor Kate Maliha

This is a moderate/challenging 60-minute class. Class begins with a low-impact cardiovascular segment, followed by exercises to improve balance, strength, posture, and body alignment, and ends with stretching. Folks who are at high risk for falls are not recommended to take this class. If in doubt, please contact the instructor through the office for more information.

# HF414 Yoga: Monday Morning Yoga (Session 1)

Monday: 9:15 AM - 10:15 AM

Location: Begg Room

**Dates**: Jan. 16 – Feb. 13, 2023

Cost: \$50 Capacity: 12

Register for series. Classes by IntoYoga

Instructor: Christine

Practicing yoga reduces stress and pain and is effective in maintaining good physical and mental health, including increased energy, strength and mobility to name a few. This seniors' yoga program is a basic-level hatha class and will include modifications and adjustments to help you feel comfortable and stable in your practice. All levels are welcome. Everyone can work at their level and pace. Please bring your own yoga mat to participate in this program.

# HF415 Yoga: Monday Morning Yoga (Session 2)

Monday: 9:15 AM - 10:15 AM

Location: Begg Room

Dates: Feb. 27 to Mar. 20, 2023

Cost: \$40 Capacity: 12

Register for series. Classes by IntoYoga

Instructor: Christine

This is a continuation of HF414 Yoga: Monday Morning Yoga (Session 1).

# HF416 Yoga: Tuesday Morning Yoga (Session 1)

Tuesday: 9:00 AM - 10:00 AM

Location: Begg Room

**Dates**: Jan. 17 – Feb. 14, 2023

Cost: \$50 Capacity: 12

Register for series. Classes by IntoYoga

Instructor: Christine

Practicing yoga reduces stress and pain and is effective in maintaining good physical and mental health, including increased energy, strength and mobility to name a few. This seniors' yoga program is a basic-level hatha class and will include modifications and adjustments to help you feel comfortable and stable in your practice. All levels are welcome. Everyone can work at their level and pace. Please bring your own yoga mat to participate in this program.

# HF417 Yoga: Tuesday Morning Yoga (Session 2)

Tuesday: 9:00 AM - 10:00 AM

Location: Begg Room

**Dates**: Feb. 21 – Mar. 21, 2023

**Cost**: \$50.00 **Capacity**: 12

Register for series. Classes by IntoYoga

Instructor: Christine

This is a continuation of HF416 Yoga: Tuesday Morning Yoga (Session 1).

# Health and Fitness Social Groups

#### **Hiking Group**

Saturday: Out of House

Any member of Brock House Society who is used to hiking is welcome to join our group. Please phone the coordinator or the hike leader prior to your first hike. Have appropriate footwear and bring your lunch including sufficient fluids. Hikers participate at their own risk and will be asked to sign a waiver. Dogs are not permitted on hikes. Hikes may be changed according to the weather or trail conditions. Ideally, all hikes leave 12th and Larch at 9:00 A.M. sharp. The meeting place is on Larch Street between 10th & 12th Avenues. Please arrive 15 minutes early to arrange carpools.

Jan. 7 41st Ave to Fraser River and back, *Grace 604-261-4498* 

Jan. 14 Lafarge Lake, Cathie 604-683-1083

Jan. 21 Academy Trail, Joanne 604-433-1044

Jan. 28 Everett Crowley and Fraser Foreshore, *Katie 604-738-8189* 

Feb. 4 16<sup>th</sup> Ave parking lot to Spanish Banks, *Charles 604-224-6627* 

Feb. 11 TBA

Feb. 18 Deer Lake, Katie 604-738-8189

Feb. 25 TBA

Mar. 4 Belcarra Sasamat Crossover, *Katie* 604-738-8189

Mar. 11 TBA

Mar. 18 Mundy Lake ramble *or* Colony Farm to Mundy Lake, *Margit 604-224-6627* 

Mar. 25 Gleneagles to Whytecliff, *Tomina* 604-736-1874

Convenor: Margit Arthur, 604-224-6627

#### **Pole Walkers**

Wednesday: 10:00 AM - 11:00 AM Location: Brock House Front Entrance

**Dates**: Ongoing **Cost**: Free

Capacity: unlimited

Meets in front of Brock House every Wednesday. We often come in for tea and coffee after our

walk.

## **Language Classes**

#### LG401 Italian Intermediate 1 (On Zoom)

Wednesday: 5:30 PM- 7:00 PM

Location: Zoom
Dates: Jan. 18 – Mar. 8

Cost: \$80 Capacity: 10

Instructor: Francesca Brambilla

Register for this activity

Join Francesca for this 8-week continuation from last season's intermediate 1 course.
Benvenuti!

Our journey into Italian language and culture continues.

In this course we will master the foundational elements of Italian language. You will enhance your listening, reading, speaking and writing skills in the context of everyday situations in the present and past tenses.

You will be able to use simple vocabulary, structures and formulas in order to engage an everyday conversation with an Italian native speaker.

#### Ci vediamo presto!

Francesca was born and raised in Lecco, a small city on beautiful lake Como. She studied in Milan at Statale University and in Rome at Tor Vergata University. She also holds a Master's degree in Speech Language Pathology. She has worked for over 10 years in Italy as a Speech Language Therapist with both children and adults.

Francesca moved to Vancouver in September 2018, a dream from when she was young. She enjoys helping people overcome language barriers and successfully communicate. She enjoys teaching Italian because she can share her culture and learn about other cultures as well.

#### **LG402 French Intermediate**

Monday: 11:40 AM - 1:20 PM

Location: Zoom

Dates: Jan. 16 - Mar. 13

Cost: \$90 Capacity: 12

Instructor: Monika Hastings, Little Sorbonne

Language School

Register for this activity.

For those who have a working knowledge of low intermediate or intermediate French, this program offers an exciting way to improve or refresh your skills. We will study various aspects of grammar and vocabulary and tie them together with dynamic and fun speaking exercises for communicating in French-speaking countries and provinces. All materials will be provided. If you wish to travel to France or Quebec, communicate with French-speaking friends or refresh your knowledge of French, this course is for you. Students should be able to speak comfortably in the present tense and have reasonable knowledge of the past and future tenses.

Monika has a Bachelor of Arts degree in Modern Languages (French and Russian) from the University of Oxford, UK. She spent several years living in France as a child and then later lived in Paris for 4 years as an adult. She has taught French for many years, in companies, the government, community centres and to private individuals in various countries. She has a very strong knowledge of the intricacies of French grammar and likes to teach grammar and vocabulary in a structured way and follow it up with lots of speaking practice to consolidate what has been studied. She likes to make sure that students have the opportunity to speak as much as possible and uses different techniques to help them to assimilate the material studied.

## **Language Groups (Free)**

#### **Spanish Conversation (Beginners)**

Tuesday: 11:00 AM - 12:00 PM

**Location: Games Room Dates**: Jan. 17 – Feb. 21

Capacity: 10

Drop-in.

Instructor: Carlos Rabago

Basic conversation and pronunciation in an informal setting. Excellent experience for those planning to travel to Mexico and South America.

#### **Spanish Conversation (Intermediate)**

Tuesday: 12:00 PM - 1:00 PM

**Location: Games Room Dates**: Jan. 17 – Feb. 21

Capacity: 10

Drop-in.

Instructor: Carlos Rabago

More advanced conversation and pronunciation in an informal setting. Excellent experience for those planning to travel to Mexico and South

America.

#### **Advanced French Conversation**

Friday: 1:00 PM - 2:00 PM Location: Meyer Room Dates: Jan. 13 – Mar. 24

Cost: Free

Capacity: unlimited

Drop-in.

Instructor: Marlene Karnouk

Meeting for a cup of coffee and French Conversation in the Meyer Room. This group is for people who are fluent in French and wish to converse with a friendly group. Participation is free but donations to Brock House are welcome. A bientôt.

#### Introduction to French Conversation

Wednesday: 1:00 PM - 2:00 PM

**Location: Games Room Dates**: Jan. 11 – Mar. 22

Cost: Free Capacity: 10

Instructor: Marlene Karnouk

Register for this activity, so Marlene can prepare

accordingly.

This group is intended for you if you wish to develop your French vocabulary and conversation skills. We will meet on Wednesdays. Participation is free but donations to Brock House are welcome.

# **Lectures and Discussions**

#### **Paid Courses**

#### IP401 Great Conductors Perform the Symphonies of Anton Bruckner

Monday: 1:30 PM- 3:30 PM

Location: ZOOM Dates: Feb. 27-Mar. 27

Cost: \$110.00 Capacity: 20

Instructor: Nicolas Krusek Register for this activity.

The symphonies of Anton Bruckner (1824-1896) are among the truly spiritual, sublime products of late Romantic music. Join us as we explore these glorious works in transcendent performances by Leonard Bernstein, Karl Bohm, Sergiu Celibidache, Herbert von Karajan, Rafael Kubelik, Sir Georg Solti, and other great maestros.

Week 1: Symphonies Nos. 1 and 2 Week 2: Symphonies Nos. 3 and 4 Week 3: Symphonies Nos. 5 and 6 Week 4: Symphonies Nos. 7 and 8 Week 5: Symphony No. 9 and Te Deum

#### **IP402 Legendary Performers**

Friday: 10:00 AM - 12:00 PM Location: Halpern Room Dates: Jan. 20 – Mar. 10

Cost: \$80.00 Capacity: 60

Instructor: Neil Ritchie

Register for this activity.

Jan. 20 - Bette Midler Still the Divine Miss M. with a varied and enduring career.

Jan. 27 - Barry Gordy's Motown 1 Detroit's pop stars Marvin Gaye, the Supremes, the Temptations, the 4 Tops.

Feb. 3 - Barry Gordy's Motown 2 The Funk Brothers, Stevie Wonder, the Jackson 5 & Diana Ross

Feb. 10 - Soprano Montserrat Caballe The peerless Spanish diva who surprised her fans recording an album with Freddie Mercury

Feb. 17 - Gene Kelly The other great song and dance man who created his own style.

Feb. 24 - Daniel Barenboim
The Argentine classical pianist, conductor, and occasional tango musician.

Mar. 3 - Paul Simon
The creative singer/composer that got his start in
Simon and Garfunkel duo.

Mar. 10 - Frank Sinatra

Teen idol, supreme vocalist, actor and tabloid celebrity. Frank Sinatra led the way.

# IP403 Music for the Soul: From Church Gospel to Street-Corner R&B

Monday: 1:00 PM - 3:00 PM Location: Halpern Room Dates: Jan. 16-Feb. 13

Cost: \$60 Capacity: 60

Instructor: John Mitchell

Register for this activity.

If you were a slave in the U.S. South, you lived a life of abject misery. Your only hope for salvation was the belief that when you crossed over to the other side, your goodness and prayers would be rewarded in heaven. Slaves had nothing to celebrate except their faith in the Almighty, and their hope that singing in praise of the Lord would raise them to a higher place.

We'll trace the path of the music that was born in African-American churches of the late 1800s, following it through the invention of radio and the influence of "Christian country" to the advent of soul in the 1950s. And we'll hear how the journey continues in the music of today.

#### Week 1 - The Roots of Gospel Music

Gospel Music is deeply rooted in the rich traditions of the African-American church, which owes much of its origins to the Christian conversion of West Africans enslaved in the US South. Gospel music partly evolved from songs slaves sang on plantations; mostly work songs and the protestant hymns they sang in church. In the late 1800s, African-American churches began mixing various styles of music into their services, including spirituals and sacred songs. We'll begin our gospel and soul music journey by looking at the very early years of the slave experience in the US.

#### Week 2 - The Growth of Gospel Music

Church choirs became a norm only after emancipation, and most of the singing was done a cappella. Most churches relied on hand-clapping and foot stomping to accompany the singing. Gospel singing followed the form of the early blues, in a call-and-response style. The advent of radio in the 1920s greatly increased

the audience for gospel music. James D. Vaughn used the radio as part of a business model to create a music school and publishing company. As gospel music became more popular, it was becoming economically viable.

#### Week 3 - From Gospel to Soul

The new gospel music that was being composed in the 1940s and 50s began to feature a quartet of singers. Groups such as the Dixie Hummingbirds, Soul Stirrers, and Five Blind Boys of Mississippi introduced stylistic freedom, adding ad libs and using repeated short phrases in the background to maintain a rhythmic base for the innovations of the lead singers. As "the spirit leads the vocalist" the melodies would become more chromatic and disjunct, leading to pure spiritual emotion. During the 50s, lead singers became solo artists beginning to perform more than minister. We'll look at the beginning with artists like Solomon Burke, Sam Cooke and Sister Rosetta Tharpe.

#### Week 4 - The Soul Success

As gospel became more popular and lead singers began to develop solo careers, they melded their gospel style vocals with secular lyrics, which in turn came to be known as soul or R&B music. This new genre dominated the music charts in the late 50s and 60s, with artists like Clyde McPhatter, Jackie Wilson, James Brown, Ben E. King and the "Queen of Soul", Aretha Franklin.

#### Week 5 - Gospel Music Today

Gospel/soul/R&B music has become incredibly varied in style, morphing from the simple blues-based form into many different genres according to culture and social context. We'll look at where this gospel journey has taken us, from the original African-American experience to the music of today.

# IP404 An Introduction to Holistic Advance Care Planning

Tuesday: 10:30 AM - 12:00 AM

Location: Begg Room Dates: Feb. 21 – Mar. 21

Cost: \$90 Capacity: 50

Instructor: Christa Ovenell

Register for this acitivy

Christa Ovenell will introduce the Four Pillars of Holistic Advance Care Planning.

Feb. 21: Understanding the legal, administrative & financial documentation needed to truly have your affairs in order.

Feb 28: Medical & philosophical decision-making part 1: when there's no "what-ifs".

Mar. 7: Medical & philosophical decision-making part 2: planning for sudden serious illness or incapacitation.

Mar. 14: Disposition & ceremony planning: understanding the decisions beyond cremation or burial.

Mar. 21: The "most important paperwork": simple steps to create a lasting emotional legacy.

Planning for any of life's transitions isn't something that comes easily. But anyone who has experienced a sudden loss or even an unexpected temporary incapacitation knows that not having a plan in place makes something that's already hard seem nearly impossible. Join CBC columnist Christa Ovenell (AKA Death's Apprentice) in this engaging, enlightening series designed to help you think about, talk about, and plan for life's ONLY certainty. She can even help you plan for life's myriad uncertainties, too. Every session is accompanied by fillable PDF notebooks which, once completed, will provide a roadmap to see you and those you love through all life's journeys.

#### **IP405 Families of Origin & Choice**

Monday: 1:00 PM - 3:00 PM Location: Games Room Dates: Jan. 16 – Mar. 27

Cost: \$120 Capacity: 6

Instructor: Philip Holden Register for this acitivy

In family of origin work we reflect on how family histories, early lives, and later life choices have made us how we are. We look at values, relationships, rules, assumptions, and our place within larger histories of migration and social change. Each of us in turn will review our family history by devising and sharing a genogram, a detailed family tree used in counselling, with our small, supportive group. In discussions and exercises, and in listening to each other, we'll share the experiences that made us, and gain insight into strengths that prepare us for the challenges of the future.

Philip is an internationally known scholar in literary studies, specialising in Southeast Asian literatures and Life Writing, and a Registered Clinical Counsellor with the BC Association of Clinical Counsellors.

# Free Lectures and Discussions

### **Diversity Lecture Series**

Thursday: 10:30 AM - 12:00 PM

**Location: Halpern Room Dates:** February 9<sup>th</sup>, March 9<sup>th</sup>

Capacity: 60

Mark your calendars for the Diversity Committee's stimulating and inspiring Diversity Lecture Series.

This winter, lectures will be held on February 9<sup>th</sup> and March 9<sup>th</sup>. Details for each lecture will be provided in our Brock House Friday UPDates and on the website as we finalize the series.

Diversity Committee Chair: Sheila Resels

Please contact Sheila Resels at

sresels@gmail.com

### **Esther Birney Literary Arts Series**

Thursday: 10:30 AM - 11:45 AM Location: Halpern Room/Zoom Dates: Jan. 19 – March 16

Capacity: 60

Drop in

Please make room on your calendar for this exciting Literary Series! Each session has a knowledgeable presenter and the topics are intriguing. You will be sure to enjoy this well-curated series.

Members who purchased their 2023 memberships on or before January 15, **and** were already participating in the Esther Birney Series on Zoom during the Fall 2022 session, will not have to re-register. If you renewed after January 15, or have never registered for the Zoom EBL lectures, please contact bevannld@gmail.com

#### January 19 – Estella Kuchta (Langara) – "Ecocriticism and the Classic Canadian Love Story"

Estella Carolye Kuchta has taught composition, literature and research writing classes for over a decade in Canada, Japan and China. She is the author of the novel *Finding the Daydreamer* (September 2020) and is coauthoring a nonfiction book on ecologizing education. Her creative writing and journalism projects have been published, aired, and broadcast in newspapers and literary magazines, and on radio and TV in Canada

February 2 – Erin Robb (Langara) – "Monsters and the Zombie Apocalypse" Erin takes zombies as seriously as they're meant to be taken and looks forward to reviving the undead in her talk with you. What do monsters tell us about ourselves, and why are zombies the most interesting of the bunch? Come whet your appetite for the monstrous if you dare...

After teaching technical communication to engineering students at UBC for six years, **Erin Robb** decided to pursue her passion for literature and move to Langara, where she's been gleefully teaching for almost 15 years.

# February 16 – Dr. Carmen Rodriguez de France (UVic) – "Histories & Stories: Residential Schools Through History and Literature"

While the Report from the Truth and Reconciliation Commission brought to light many injustices that we, as a society, had dismissed, many aspects of Residential Schools are still unknown. This presentation will share some of those aspects including a timeline, archival information, and the representation of Residential school experiences in literature.

Through her participation in a variety of community-based initiatives in schools, recreational centres, art galleries, and other spaces for learning, **Carmen's** work with inservice and pre-service teachers focuses on creating awareness to better understand, appreciate, and learn from the histories and stories of the Indigenous people of Canada and other parts of the World.

#### March 2 – Deborah Blacklock (Langara) – "And I feel Fine: The Popularity of Disaster Movies"

For a very long time, audiences have been enthralled by movies that show the end of the world, or near misses. Why? While discussing some theories, Deborah is going to focus on movies like *The Day after Tomorrow*, *Armageddon, Deep impact*, and *Don't Look Up*.

**Deborah Blacklock** is a passionate about exploring the subtleties of words and the meanings that those words create. Science fiction, fantasy, mystery, and history books keep her occupied during her spare time. She also enjoys writing, fencing and playing with clay. Deborah is a recently retired Langara instructor.

# March 16 – Skylet Yu (Langara) – "Songs of Resistance"

Using Charles Tripp's approach to artistic interventions as a means of resistance, Skylet examines the ways in which songs have a way of reclaiming public space, inviting dialogue and

sympathy, building identity and solidarity through shared vocabulary, and producing "a common, mutually reinforcing imagery" that challenges the regime's oppression.

**Skylet Yu** is an instructor in the English Department at Langara College. Besides her research interests in corpus linguistics, language change, language assessment, English varieties, and Canadianisms, she is passionate about fostering a learning community and developing inclusive relationships with diverse groups of colleagues and students.

Indigenous Studies: Exploring
Reconciliation: Journeying Together
Co-sponsored by the Diversity Committee

Wednesday: 1:00 PM - 2:30 PM Location: Halpern Room/Zoom

**Dates**: Feb. 22 – Mar. 15

Capacity: 60

Register for this activity.

Kerry Baisley, lecturer

#1: Doctrine of Discovery: What is it? And is a 15<sup>th</sup> Century document still relevant today?

In our first hour we will be watching the video *Doctrine of Discovery: Stolen Lands, Strong Hearts*. This film is produced by the Anglican Church of Canada as an educational resource in response to the TRC's **Calls to Action**. After the video we will share our experiences and respond to questions from participants.

#### #2: Land, Treaties and Relationships

We will begin by exploring the idea of "Treaty" through Amiee Craft's book *Treaty Words: For As Long As the Rivers Flow* (published March 2021).

We will then review the recently published book *To Share, Not Surrender: Indigenous and Settler Visions of Treaty Making in the Colonies of Vancouver Island and British Columbia* published in August 2022. There will be opportunities for questions.

# #3: Reconciliation: What is it? What can we do?

In this session we will explore how people can think about Reconciliation in different ways and explore our paths on this journey of Reconciliation.

This conversation will be done with reference to two recent books, *Pathways of Reconciliation*, edited by Aimée Craft and Paulette Regan, and *True Reconciliation* by Jody Wilson-Raybould

#### #4: Reconciliation as a Learning Opportunity

Some see Reconciliation as difficult and challenging. There is another possibility -- seeing it as a journey of Discovery.

We will explore new ways of seeing and growing through storytelling with Harold Johnson's final book, *Power of Story, Truth and Trickster and New Fiction*, and Tomson Highway's CBC Massey Lectures, *Laughing with the Trickster*.

Kerry Baisley, a member of the Metis Nation of British Columbia, is a Missioner for Indigenous Justice at the Anglican Church Diocese of New Westminster.

#### **Langara Lecture Series**

#### "It's the End of the World as We Know It"

Friday: 1:30 PM- 3:30 PM Location: Begg Room Dates: Feb. 3 – Mar. 17

Capacity: 35

Drop in.

All seven speakers are current faculty at Langara College, and are donating their time and talents to Brock House Society.

- Feb. 3 **Niall Christie**: Predicting the End in the Bible and Qur'an
- Feb. 10 **Stephen Phillips**: Parliament Interrupted: Stephen Harper and the Prorogation Crisis of 2008

- Feb. 17 **Stefan Haag**: To Know the World Is to Remember the World Is to Forget the World What Some Representative Writers Tell us about Memory
- Feb. 24 **Deborah Blacklock:** ...And I Feel Fine: The Appeal of Disaster Movies
- Mar. 3 **Dale Montgomery**: The Most Important Election in the History of the World': The Election of 1800
- Mar. 10 **Craig Keating:** End without End: Environmental Dystopias and Modern Historical Consciousness
- Mar. 17 **Cara Tremain:** Archaeology Adventures in Belize

#### **Travel Series**

Monday: 10:30 AM - 12:30 PM Location: Halpern Room Dates: Jan. 16 – Mar. 27

Capacity: 60

Drop in.

Photographers share their travel experiences. To receive a weekly email reminder and Zoom instructions, contact John Smith at <a href="mailto:brock.house.point.grey@gmail.com">brock.house.point.grey@gmail.com</a>
Please include your membership number.

- Jan.16 Eleven Day Rhine and Moselle Cruise, Basel to Amsterdam, including the DeltaWorks Storm Surge Barrier *Mary-EllenFlynn*
- Jan. 23 Two Continents Two Road Trips.
  Baroque Brazil and Quebec's Gaspé
  Peninsula Stuart Miles
- Jan. 30 Kenwood House and Kew Gardens Rose Taylor
- Feb. 6 2-in-1. IndoChina: Cambodia and Thailand continuation with Graham Baldwin, San Diego to Cartagena, Columbia, through the Panama Canal with Jim Leggott
- Feb.13 Sailing the Mediterranean and Black Seas Liza Copeland
- Feb. 20 Family Day No presentation

- Feb. 27 My Kenya A Journey Home *Anisa* Karim
- Mar. 6 Sri Lanka David and Diane Reesor
- Mar. 14 South Africa and Namibia Donna Hogge
- Mar. 20 Spring Break No presentation
- Mar. 27 Portugal From Lisbon to Porto by Bus Jim Leggott

#### **Tuesday Lecture Series**

Tuesday: 10:30 AM - 11:30 AM

**Location: Halpern Room Dates:** Jan. 10 – Mar. 14, 2023

Capacity: 60

Drop in.

Knowledgeable specialists lecture on diverse topics. If you're interested in weekly email reminders and/or Zoom instructions, contact Allan Strain at <a href="mailto:bhtuesdaylectures@gmail.com">bhtuesdaylectures@gmail.com</a>.

- Jan. 10 Building Library Collections for the Future, *Kay Cahill, Vancouver Public Library*
- Jan. 17 How Food Systems Change Wartime Britain: Stories and Lessons for Today, Eleanor Boyle, PhD, Journalist, educator, author
- Jan. 24 Pollinators, Farming and Making Agricultural Lands work for Conservation, *Dr. Claire Kremen,* Biodiversity Studies, Zoology, UBC
- Jan. 31 Cities of the future making them more liveable, *Emilie Adin, City of New Westminster*
- Feb. 7 Cryptocurrencies, Future or Fraud?

  Jarrett Vaughan, Adjunct Professor,

  UBC Sauder School of Business
- Feb. 14 Clean Energy and the Role that Fuel Cells (Hydrogen and Batteries) Will Play and Are Playing in Addressing Climate Change and Sustainability, *Dr. David Wilkinson*, *UBC*
- Feb. 21 Earthquake Risks in Canada?

  Tiegan Hobbs, Geological Survey of Canada

- Feb. 28 Living Successfully with Hearing Loss, Lisa Dillon Edgett, PhD Audiologist, Instructor VCC
- Mar. 7 To Be Announced
- Mar. 14 To Be Announced

#### **Wednesday Morning Discussion Series**

Wednesday: 10:30 AM - 12:00 PM

**Location: Halpern Room Dates:** Jan. 11 – Mar. 22

Cost: Free Capacity: 60

Drop in on Wednesday mornings if interested. New members welcome.

- Jan. 11 Hot, Newsworthy Topics
- Jan. 18 What can be done about the shortage of family doctors in BC?
- Jan. 25 How has the war on Ukraine changed the world & can the West support Ukraine indefinitely?
- Feb. 1 How can we encourage good people to run for office in the face of all this negativity?
- Feb. 8 Hot, Newsworthy Topics
- Feb. 15 How can we preserve history under pressure from historic revisionism?
- Feb. 22 What have we learned from the pandemic?
- Mar. 1 Is competitiveness good or bad for children?
- Mar. 8 Hot, Newsworthy Topics
- Mar. 15 Should Japan re-arm?
- Mar. 22 What should become of looted art?

## **Movies**

#### **Friday Flicks**

Friday: 1:00 PM - 3:00 PM Location: Halpern Room

Dates: ongoing Capacity: 60

Suggested donation of \$2 at the door to help us to continue bringing these very popular movies to Brock House.

- Jan. 13 Mrs. Harris Goes To Paris: True story. In 1957 London, Mrs. Harris, a widowed cleaning lady, becomes obsessed with a fabulous Dior dress and wants to buy one. After receiving a war-widow's pension, she goes to Paris to do so. Dior has fallen on hard times and, because Mrs. Harris will pay cash. agree to make her a dress. The dress is accidentally burned - big problem. (Com/Hist/Drama)
- Jan. 20 Where The Crawdads Sing: An abandoned girl, Kya, raises herself to adulthood in a North Carolina marshland, becoming a naturalist in the process. When the town's 'hotshot' is found dead, she is the prime suspect and is tried for murder.
- Jan. 27 Mao's Last Dancer: True story of a boy's journey from a poor upbringing in rural China to international stardom as a world-class ballet dancer (Chi Cao). It shows the impact of his first love, his sacrifices to gain freedom and the courage it takes to live his own life.
- Feb. 3 A Man Called Ove: Ove is an illtempered retiree who spends his days enforcing neighbourhood rules and visiting his wife's grave. He is dejected until an unlikely friendship develops with his boisterous new neighbours, who bring humour and meaning into his life.
- Feb. 10 Official Secrets: True story. A British whistleblower leaks information to the press about an illegal spy operation designed to push the UN Security

Council into sanctioning the 2003 invasion of Iraq.

- Feb. 17 A Call To Spy: At the beginning of WWII, Winston Churchill orders his new spy agency, the Special Operations Executive (SOE) to recruit and train women as spies. They help to undermine the Nazi regime in France.
- Feb. 24 The Terminal: An Eastern European man is forced to live in New York's John F. Kennedy Airport terminal when he is denied entry to the US, and also cannot return to his own country because of a coup there. A humourous look at a tricky situation.

## **Singing Groups**

#### **Folk Singing Group**

Fridays, the 2nd and 4th of every month: 1:00 PM - 3:00 PM

Location: Art Room or Games Room

Cost: Free

Drop-in

Contact: John Wade johnwade1948@gmail.com

"All music is folk music. I ain't never heard a horse sing." (Louis Armstrong)

There is a group of people (Brockites) who have met for the last few years on every 2nd and 4th Friday of each month, for two hours. There are thirty people on the emailing list, and about 10 turn up at each meeting.

What do we do? Following the traditions of various other music groups in Vancouver and around the planet, we sit in a circle. Then we take turns around the circle to sing a song, play an instrument, tell stories. Some just listen. One tends to sing Broadway musicals: another resurrects pop songs from the 1970s; another scandalous sea shanties; another social

commentaries; another reminds us of the treasury from Bob Dylan and Leonard Cohen; another likes Irish and Scottish ditties from the past; composers test their new satirical numbers. Nothing is off limits. Those who know the tunes sing and play along (mostly guitars); and ask questions about the history of songs. Several organized souls send us the words and chords of "their" songs in advance, so that we can learn and sing lustily. Others sit and listen.

The organising group currently consists of Graham Baldwin, Charles West (technician extraordinaire), Larry Moore and John Wade. Everyone is welcome, including listeners; no musical experience is necessary; a gathering for fun and enjoyment.

#### **Sing-A-Long Group**

Monday: 1:00 PM - 3:00 PM

Location: Whittaker Conservatory

**Dates**: Ongoing **Capacity**: Drop-in

Brighten your day; leave your worries on the doorstep; come on over to the sunny side and sing along or swing along with the Brock House Society's gleeful senior songsters.

The benefits of ensemble singing in a non-threatening social setting are unique for each individual. We hope the fun we have will improve your sense of joy and overall well-being and, of course, your singing. All voices are welcome. We do some sing-alongs at Brock House events and our monthly visits to Vancouver seniors' residences are popular with both our hosts and our members. Currently we are enjoying karaoke-style singing.

## **Performance Groups**

#### **Brock House Big Band**

Tuesday & Friday: 10:30 AM - noon

Location: Offsite Dates: Ongoing

Contact: Brenda Clark, 604-842-8581,

bclarkca@gmail.com

Director: Andrew Clark

The Brock House Big Band is an 18-piece band with a repertoire designed for swing dances. The band performs about 16 times a year, delivering big band music to community centres, hospitals and seniors' residences. The repertoire changes to match major public holidays, such as Valentine's Day, Easter, Remembrance Day, and Christmas.

#### **Brock House Chamber Players**

Wednesday: 1:00 PM- 3:00 PM

Location: Begg Room

Dates: Ongoing

The group is welcoming string instruments only at this time.

Contact: Christine Barker through the office

#### **Brock House Jazz Band**

Thursday: 1:00 PM- 3:00 PM Location: Halpern Room

Dates: Ongoing

Contact: Robert Arseneau

The Brock House Jazz Band consists of 4 soloists, a 4 piece rhythm section and a vocalist, dedicated to playing old style jazz standards. We entertain regularly for dances at Brock House, Seniors' Centres, and Care Homes. At present, there are no vacancies in the Band, but, if you are interested in our music, you are welcome to come and listen-in to our weekly practices in the House.

#### **Brock House Kerrisdale Choir**

Location: Off-site Kerrisdale Seniors Centre

**Dates**: Ongoing

A few vacancies are expected. If you'd like to join, contact: Membership Chair, Diana Bragg, 604-224-3897.

- Rehearses each Tuesday afternoon at the Kerrisdale Seniors' Centre
- Performs 2 fully ticketed concerts annually
- Performs several sing-outs at seniors' homes and community centres annually
- Performs a variety of music including gospel, folk, classical and jazz

#### **Brock House Kerrisdale Handbell Ringers**

Monday & Wednesday: 10:00 AM - 11:30 AM

Location: Offsite Dates: Ongoing

Mon. Morning Director: Grace Lau Wed. Afternoon Director: Amy Poon

Join this enjoyable and rewarding group activity. No handbell experience required but you must be able to read music. Please contact Grace Lau, 604-323-8131, before registering. Please come and listen any time in the South Room at the Kerrisdale Seniors' Centre, West 42nd Ave. & West Blvd. This activity takes place outside of Brock House.

#### **Brock House Orchestra**

Wednesday: 10:00 AM - 11:30 AM

Location: Begg Room

Dates: Ongoing

Cost: Fee to cover Conductor's Honorarium

Come to the Begg Room on Wednesday mornings if you are interested. If you play an orchestral instrument, particularly brass or woodwind, please join us. New members welcome.

We are a symphony orchestra playing a mainly classical repertoire. We have a professional conductor and rehearse once a week.

We perform at the Summer Fair and, in normal times, at Senior Homes.

# **Woodworking**

#### WW101 Woodworking 101

Tuesday: 1:00 PM - 3:00 PM

Location: Woodshop Dates Jan. 17 – Feb. 21

Cost: \$165.00 + Cost of materials

Capacity: 6

Register for this course.

Note: all participants must be double vaccinated against Covid 19.

The woodworkers will be offering an introductory woodworking class for novices to learn the fundamentals of woodworking and more advanced woodworkers that wish to refresh their skills. The course will introduce basic skills, project design, safety, basic techniques, as well as planning the successive steps for completing your project and achieving your project goals. The class will be organized around individual projects selected by each student. Work on each project will be mentored and supervised by the instructors. Potential projects on the list include: bird houses for chickadees or swallows. cutting boards, small benches, small tables, plant stands, planters, turned bowls and wooden toys.

Other project proposals can be discussed with the course coordinator and approved if they seem to be suitable for your skill levels. The course includes a workshop orientation that will allow participants to work independently in the workshop by the time the course is completed. The class will be limited to six participants. Be aware that work with wood does create dust so you must be able to tolerate wood dust.

#### Cost:

The cost of the wood for the selected project is not included in the course fee. Most projects using pine boards should be less than \$30.00 but special woods could cost more.

#### **Woodworking Group**

Location: Woodshop

**Dates**: Ongoing **Cost**: Free

Woodworker volunteers are usually in the workshop Monday and Thursday mornings between 8:30 and noon. You can drop by and talk to one of the members, or you can reach us by email at this address. bhwworkers@gmail.com

Any member of the Brock House Society with some experience with woodworking tools and machinery is eligible to join the Woodworkers group. If you have no previous experience with woodworking, but would like to learn the basics, contact us so we can discuss your options.

All new members must attend an orientation to the shop, the tools and equipment, and the rules that govern the use of the shop. This will take between 1 and 2 hours.

Some tools present extra risks to safety, or are easily damaged with misuse, and the use of these tools requires additional training.

Woodworkers are also required to sign a release form before using the shop, and are asked to review the shop rules.

To arrange orientation, contact us by email at this address.

# **Written Word Classes**

#### **W401 Guided Memoir**

Wednesday: 1:30 PM- 3:30 PM

**Location: Meyer Room Dates:** Jan. 11 – Feb. 15

Cost: \$60.00 Capacity: 6

Register for this activity. Instructor: Arlene Higgs

If you'd like to register but find that the program is full, please email <a href="mailto:ahiggs@me.com">ahiggs@me.com</a> to be put on the waitlist.

In this small, supportive group, we'll share stories from our lives. Every week you'll write two pages based on a theme carefully designed to evoke memories and help you reflect on your life. When we come together, you'll read your story and your listeners will tell you how it affected them. We'll also do some writing exercises to get our ideas flowing. As the weeks pass, our stories will show us just how alike and connected we all are. And you might even notice that you have gained a better perspective on your own life.

Guided Memoir follows a structured approach based on methods developed at the University of Southern California. Arlene is certified by the Birren Center for Autobiographical Studies.

#### W403 Write from the Heart via ZOOM

Thursday: 10:30 AM - 12:30 PM

Dates: Jan. 19 - Feb. 16

Cost: \$60 Capacity: 8

Register for this activity.

Ruth Kozak

Enjoy five weeks of creative writing and sharing stories for five weeks on ZOOM. The program will include a workshop on the Basics of Writing a Memoir, How to Write a Play, Flash Fiction (writing short, short stories) a Poetry Workshop and other topics of interest. Come along and share your stories with us. Minimum number of students required for this course is 6.

# Written Word (Free classes or Groups)

#### **Life Writing**

Thursday: 10:00 AM - 12:00 PM

**Location: Meyer Room Dates**: Jan. 19 – Mar. 23

Capacity: 10

Coordinator: Margo Brown. Continuing participants register for this activity.

If you are new and interested, please contact the

Office for more info.

The Life Writing group meets once a week to share their short piece of autobiographical writing on the assigned topic. We listen, comment, support and encourage each other. Many, after feedback and rewrites, have combined all their weekly efforts into a book which tells about their life. This is a well-organized class which requires commitment.

#### **Play Reading**

Monday: 1:00 PM- 3:00 PM Location: Meyer Room

Dates: Ongoing Capacity: 14

Come to read and enjoy plays in a friendly and supportive atmosphere. English reading and speaking skills are required. No acting experience is necessary. If you are interested, please contact Wendy, 604-324-0130

#### **Writers' Circle**

Friday: 10:00 AM - 12:00 PM Location: Meyer Room

Dates: Ongoing Capacity: 14

Drop-in

Contact Jay Storey at <a href="mailto:iastorey@shaw.ca">iastorey@shaw.ca</a> for

more info.

An opportunity for writers to meet, discuss and critique each others' work-in-progress.

# **Book Clubs**

#### **Book Club – Friday**

Friday: 1:15 PM- 3:15 PM Location: Meyer Room

Dates: Ongoing Cost: Free Capacity: 11

This Book club is presently full, but you can put your name on the waiting list by contacting the

Coordinators:

Arlene Higgs: <a href="mailto:ahiggs@me.com">ahiggs@me.com</a> or Donna Ornstein: <a href="mailto:dornstein@telus.net">dornstein@telus.net</a>

Maximum of 11 regular members. Members nominate and vote on both fiction and non-fiction books for the following year. Each member presents and leads a discussion of one book.

#### **Book Club – Thursday**

Thursday: 10:00 AM - 11:30 AM

Location: Games Room

**Dates**: Second Thursday of the month

Cost: Free

This Book Club may be full, but you can put your

name on the waiting list by contacting the

Coordinator Tomina de Jong: tominadj@shaw.ca

# **Library**

Open every day: 9:00 AM - 3:30 PM

Location: 2<sup>nd</sup> floor

Members are invited to use the Library on a regular basis. Borrow books (so many to choose from), browse our reference books or read one of several newspapers (both the dailies and weeklies) as well as current-events magazines. It's a comfortable space created just for Brock House Society members – enjoy it!